

SUGGESTED USE: 1 softgel taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.
V1R1

NATURE AT ITS FINEST


Nature's Craft®

FLAXSEED

1000MG Per Serving



**Plant-Based
Omega 3-6-9**



**Supports Healthy
Skin and Joints***

60 Softgels
Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1g	1%
Flaxseed Oil (Organic)	1,000mg	†
Naturally Providing:		
Alpha-Linolenic Acid (Omega-3)		
Linoleic Acid (Omega-6)		
Oleic Acid (Omega-9)		
Other Fatty Acids & Phytonutrients		

**Percent Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Gelatin (bovine), Glycerin, Purified Water and Caramel Color

Manufactured Exclusively For:
Nature's Craft
Monsey, NY 10952
shopnaturescraft.com | 408-599-3841



Please
Recycle.



6554- RVS-254-V02F-60