

| Amount Per Serving                                                           | % Daily Value | Amount Per Serving                       | % Daily Value |
|------------------------------------------------------------------------------|---------------|------------------------------------------|---------------|
| Lemon Bioflavonoid Complex (from fruit)                                      | 200 mg *      | Cranberry (fruit)                        | 25 mg *       |
| Cinnamomum sp. (bark)                                                        | 100 mg *      | Grape Extract (seed)                     | 20 mg *       |
| Ginger Extract (rhizome)                                                     | 60 mg *       | Pomegranate (fruit)                      | 15 mg *       |
| Bilberry (fruit)                                                             | 50 mg *       | Tomato (fruit)                           | 10 mg *       |
| Alpha Lipoic Acid                                                            | 50 mg *       | Lutein/Zeaxanthin Complex                | 3.75 mg *     |
| Inositol                                                                     | 30 mg *       | (from Lutemax™ 2020 from Aztec marigold) |               |
| Enzyme Blend (papain, lipase, protease, amylase, beet root fiber, bromelain) | 30 mg *       | extract) (flower)                        |               |
| Soy (non-GMO)                                                                | 30 mg *       | Boron (as boron gluconate)               | 3,000 mcg *   |
| Betaine Hydrochloride                                                        | 25 mg *       | Vanadium (as Vanadium sulfate)           | 2 mcg *       |
|                                                                              |               | * Daily Value not established            |               |

**Other ingredients:** Cellulose, modified cellulose gum, magnesium stearate (vegetable source), stearic acid (vegetable source), silica, glycerin, cinnamon (bark) oil.

**Contains: Soy.**

**seniorlifehealth.com**

**20091 Portola Drive • Salinas, CA 93908**

**SUGGESTED USE:** Take 3 tablets daily, preferably with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

SGS verified the process for manufacturing this product with no GMO ingredients. [www.sgs.com/no-gmo](http://www.sgs.com/no-gmo)

**Store in a cool, dry place.**

**We Guarantee Our Supplements for Potency and Purity**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**To report a serious adverse event, call 1-888-710-0006**



# WOMEN'S MULTI 45 PLUS

# DAILY ESSENTIALS

## Nutrition Crafted for Women's Needs

### 90 VEGETARIAN TABLETS

### Dietary Supplement

# Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

| Amount Per Serving                          | % Daily Value                     |         |
|---------------------------------------------|-----------------------------------|---------|
| Vitamin A (as beta carotene)                | 1500 mcg RAE (5,000 IU)           | 167%    |
| Vitamin C (as ascorbic acid)                | 300 mg                            | 333%    |
| Vitamin D (as cholecalciferol)              | 10 mcg (400 IU)                   | 50%     |
| Vitamin E (as d-alpha tocopheryl succinate) | 50 mg (75 IU)                     | 333%    |
| Thiamine (as thiamine mononitrate)          | 60 mg                             | 5,000%  |
| Riboflavin                                  | 60 mg                             | 4,615%  |
| Niacin (as nicotinic acid)                  | 20 mg                             | 125%    |
| Vitamin B6 (as pyridoxine hydrochloride)    | 60 mg                             | 3,529%  |
| Folate                                      | 1333 mcg DFE (800 mcg folic acid) | 333%    |
| Vitamin B12 (as cyanocobalamin)             | 400 mcg                           | 16,667% |
| Biotin                                      | 600 mcg                           | 2,000%  |
| Pantothenic acid (as calcium pantothenate)  | 50 mg                             | 1,000%  |
| Choline (from choline bitartrate)           | 120 mg                            | 22%     |
| Calcium (from calcium citrate, phosphate)   | 240 mg                            | 18%     |
| Iron (from ferrous fumarate)                | 10 mg                             | 56%     |
| Iodine (from potassium iodide)              | 150 mcg                           | 100%    |
| Magnesium (from magnesium oxide)            | 240 mg                            | 57%     |
| Zinc (from zinc oxide)                      | 15 mg                             | 136%    |
| Selenium (from L-Selenomethionine)          | 200 mcg                           | 364%    |
| Copper (from cupric oxide)                  | 2 mg                              | 222%    |
| Manganese (from manganous gluconate)        | 2 mg                              | 87%     |
| Chromium (from chromium chloride)           | 200 mcg                           | 571%    |
| Molybdenum (from sodium molybdate)          | 45 mcg                            | 100%    |

KEEP OUT OF REACH OF CHILDREN.

VWL 537-90N

Lutemax™ 2020 trademark belongs to OmniActive Health Technologies Ltd.

