

Following a strict Ketogenic diet can give rise to a variety of uncomfortable physiologic challenges as the body shifts its metabolic pattern. **KETO-KARMA BURN FAT RED™** is a multi-pronged formula designed to support your metabolism when following the Keto Diet and while stimulating thermogenesis for an enhanced fat-burning effect.*

Enhanced Fat-Burning: The combination of EGCG from Green Tea with caffeine from Yerba Mate extract—while not actually “melting” fat off the body—has been shown to increase thermogenesis and fat-burning.*

Targeted Nutrition & Electrolytes: Select B-vitamins along with Spirulina deliver micronutrients that are not easily obtained from a strict Ketogenic diet.* This formula also includes coconut water concentrate which delivers beneficial electrolytes.*

Energy Boost: Natural caffeine from Yerba Mate extract plus Guarana and Spirulina help you feel energized while MCT Oil supplies a quick cellular energy boost.*

Nitric Oxide Boost: L-Citrulline, an amino acid, is readily converted into L-Arginine, which can then be converted into Nitric Oxide in the body. Nitric Oxide plays a key role in cardiovascular health by enhancing blood flow throughout the body and helping you perform your best.*

This product is not a substitute for the Keto Diet but can be used to support your Keto dieting efforts.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



2 Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Enhance **KETO-KARMA BURN FAT RED™** with:

✓ **CLA Lean Body Fat Reduction™**

✓ **Maximum Strength 3-in-1 Carb Blocker***

Usage Warnings: Do not use if safety seal is broken. This product contains natural caffeine. Check with your doctor before using this product and engaging in activity, if you are using medication or have any medical conditions, including, but not limited to, heart disease, high blood pressure, an iron deficiency, a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). Individuals with low blood pressure should not take this product. It is recommended to limit additional caffeine intake while taking this product. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
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www.IrwinNaturals.com

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Keto Diet Support*

irwin
naturals.

KETO-KARMA BURN FAT RED™

with Nitric Oxide Booster*



**Powerful Fat Burner*
and Keto Diet Support with a
Nitric Oxide Booster***

72 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) For daily maintenance as an addition to your reduced calorie diet and exercise plan, take six (6) Liquid Soft-Gels per day in divided doses, with meals and a full glass (8oz) of water. For a more immediate response, take up to three (3) Liquid Soft-Gels one hour before activity. Do not take more than three (3) Liquid Soft-Gels in one dose and do not exceed six (6) Liquid Soft-Gels in one day. If caffeine keeps you up at night, do not take this product in the evening since it contains natural caffeine.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 24

	Amount per Serving	%Daily Value
Calories	30	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	2%*
Total Carbohydrates	1 g	<1%*
Protein	3 g	
Thiamin (as Thiamine Hydrochloride)	0.5 mg	42%
Riboflavin	0.5 mg	38%
Niacin (as Niacinamide)	7 mg	44%
Vitamin B12 (as Methylcobalamin)	2 mcg	83%
Pantothenic Acid (as D-Calcium Pantothenate)	30 mg	600%
Flaxseed Oil (seed)	900 mg	†
L-Citrulline	750 mg	†
Medium Chain Triglycerides (MCT) Oil	600 mg	†
Maté (Yerba Maté) extract (20% caffeine, 75 mg)(leaf)	375 mg	†
Green Tea extract (50% EGCG, 135 mg)(leaf)	270 mg	†
Cococin™ Coconut Water powder (fruit)	50 mg	†
AlphaWave® L-Theanine	25 mg	†
Guarana powder (seed)	20 mg	†
Spirulina (<i>Arthrospira platensis</i>) powder (whole plant)	20 mg	†
BioPerine Complex	3 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		

*** Daily Value based on a 2,000 calorie diet

† Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, annatto (color), sunflower lecithin, beeswax, maltodextrin, silicon dioxide, titanium dioxide (color) and mannitol.

Contains: Tree Nuts (coconut, palm kernel)

• **BIOPERINE®** is a registered trademark of Sabinsa Corporation.

Cococin™ is a trademark of Sabinsa Corporation.

AlphaWave® is a registered trademarked ingredient from Ethical Naturals, Inc.

No preservatives added.