Vitamins D3 and K2 are fat-soluble vitamins that play many important roles in regular health maintenance including bone health.*

Bone Health: This robust formula delivers the most sought-after bone health essentials, including Vitamin D3, Vitamin K2 (as MK-7), Magnesium, Zinc, and Bamboo Extract, which supplies Silica — an essential component of healthy bones.*

Immune Support: Vitamin D3 and Zinc play critical roles in maintaining a healthy immune response.* These are combined with Turmeric extract and Eleuthero — both known traditionally for immune-bolstering effects.*

Mood Regulation: Emerging research suggests that Vitamin D3, known as the "Sunshine Vitamin", may be involved in mood regulation.* The adaptogen, Eleuthero, is also included for its traditional use in mood support.*

High Potency D3 & K2 Complex can be taken daily to support bone health, immune function and a positive mood.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

Quality Assurance - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.

Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you have a bile duct obstruction. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.
WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

NOTICE: Vitamin K should not be used by individuals with liver disease, kidney disease and/or blood disorders. Those individuals currently taking anticoagulant medications such as Coumadin (Warfarin) should consult with their doctor before taking supplemental Vitamin K.

100+ **Highly Specialized Products:**
www.IrwinNaturals.com

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ADVANCED ABSORPTION*

irwin naturals

High Potency D3 & K2 Complex

Bones, Immunity & Mood Formula Plus Magnesium, Turmeric, Bamboo Extract and Omega Oil*

60 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels daily with a meal and a full glass (8oz) of water.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels
Servings per Container: 30

	Amount per Serving	%Daily Value
Vitamin D3 (as Cholecalciferol)	100 mcg (4000 IU)	500%
Vitamin K2 (as Menaquinone-7 MK-7)	120 mcg	100%
Magnesium (as Magnesium Citrate)	100 mg	24%
Zinc (as Zinc Citrate)	15 mg	136%
Flaxseed Oil (seed)	1100 mg	†
Eleuthero (*Eleutherococcus senticosus*) extract (4:1)(root)	100 mg	†
Bamboo (*Bambusa Vulgaris*) extract (70% silica, 20 mg)(stem, leaf)	28.6 mg	†
Turmeric extract (95% curcuminoids, 24 mg)(root)	25 mg	†
BioPerine Complex BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)	6 mg	†

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, Medium Chain Triglyceride (MCT) Oil, beeswax, St.John's bread (carob)(color), soy lecithin, maltodextrin, titanium dioxide (color) and carboxymethyl cellulose.

Contains: Soy, Tree Nuts (coconut, palm kernel)

BioPerine® is a registered trademark of Sabinsa Corporation.

No preservatives added.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PST)
Questions@IrwinNaturals.com

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