**SUGGESTED USE:** As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisioning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call of a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GMP

Please Recycle.

FORMULATED IN THE U.S.A.

Lot # and Best by date printed on bottom of bottle.
V11R1

NATURE AT ITS FINEST

Natures Craft®

# MIND & MEMORY MATRIX

Maximum Strength

**Supports Focus, Clarity and Memory***

**60 Capsules**

Dietary Supplement

## Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

| Amount Per Serving | | %DV |
|---|---|---|
| Vitamin A (as Beta-Carotene) | 122mcg RAE | 14% |
| Vitamin C (as Ascorbic Acid) | 125mg | 139% |
| Calcium (as Calcium Carbonate) | 20mg | 2% |
| Iron (as Ferrous Fumarate) | 1mg | 6% |
| Vitamin D (as Cholecalciferol) | 3mg | 15% |
| Vitamin E (as DL Alpha Tocopheryl Acetate) | 14mg | 93% |
| Vitamin B1 (as Thiamine Mononitrate) | 3mg | 250% |
| Vitamin B2 (as Riboflavin) | 1.7mg | 131% |
| Vitamin B3 (as Niacin) | 12.5mg NE | 78% |
| Vitamin B6 (as Pyridoxine HCL) | 12mg | 706% |
| Folate | 666mcg DFE (400mcg Folic Acid) | 167% |
| Biotin | 3mcg | 10% |
| Vitamin B5 (as D-Calcium Pantothenate) | 12mg | 240% |
| Magnesium (as Magnesium Oxide) | 50mg | 12% |
| Zinc (as Zinc Oxide) | 10mg | 91% |
| Selenium (Selenium Amino Acid Chelate) | 50mcg | 91% |
| Copper (as Copper Gluconate) | 52mcg | 6% |
| Manganese (as Manganese Amino Acid Chelate) | 400mcg | 17% |
| Chromium (as Chromium Picolinate) | 12mcg | 34% |
| Molybdenum | 10mcg | 22% |
| Potassium (as Potassium Citrate) | 50mg | 1% |
| Choline (as Choline Bitartrate) | 50mg | 9% |
| Proprietary Blend | 642mg | ** |

**DMAE Bitartrate** *(Dimethylaminoethanol)*, **L-Glutamine HCL**, **Glutamic Acid**, **Green Tea Extract** *(Camellia sinensis)(leaf)*, **Bacopa Extract** *(Bacopa monnieri)(whole herb)*, **Inositol, N-Acetyl L-Tyrosine**, **Bilberry Fruit Extract** *(Vaccinium myrtillus)*, **Gaba** *(Gamma aminobutyric acid)*, **Grape Seed Extract** *(Vitis vinifera L.)*, **Grapefruit Seed Extract** *(Citrus paradisi)*, **Olive Leaf** *(Olea europaea L.)*, **Cinnamon Bark Extract** *(Cinnamomum cassia)*, **Licorice Root Extract** *(Glycyrrhiza glabra*, **Boron** *(as Boron citrate)*, **DHA** *(Docosahexaenoic Acid)* 14%, **Vanadyl** *(as Vanadyl sulfate)*, **Phosphatidylserine, Huperzine A.**

** Daily Value not established

**Manufactured Exclusively For:**
**Nature's Craft**
**Monsey, NY 10952**
**shopnaturescraft.com | 408-599-3841**

**Inactive Ingredients:** Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide

**Contains:** Soy & Fish