

SUGGESTED USE: 1 tablet taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional. For best results, chew tablet thoroughly before swallowing.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST

Natures Craft®

METHYL B12

1000mcg Per Serving



Supports A Healthy Metabolism *



Energy Support*

90 Chewable Tablets
Dietary Supplement

6554-VLI093-V02F-90

Supplement Facts

Serving Size: 1 Chewable Tablet
Servings Per Container: 90

Amount Per Serving	%Daily Value
Vitamin B-12 (as methylcobalamin) 1000mcg	42,667%
** Daily Value not established	

Other Ingredients: Sorbitol, Fructose, Mannitol, Croscarmellose Sodium, Natural Cherry Flavor, Silicon Dioxide, Lecithin and Vegetable Magnesium Stearate

Allergen Warning: Contains Soy (Lecithin)

This formula contains no animal by-products

Manufactured Exclusively For:
Nature's Craft

Monsey, NY 10952
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Please Recycle.

