

SUGGESTED USE: 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST


Nature's Craft®

MAGNESIUM

CITRATE / OXIDE

Maximum Strength



Supports Calmness*



Digestive Support*

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 1 Vegetable Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
Magnesium (as oxide / citrate) 500mg	119%
** Daily Value not established	

Other Ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide.

Manufactured Exclusively For:
Nature's Craft
Monsey, NY 10952
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