

VALUE
SIZE!

WOMEN'S

Living Green Liquid-Gel Multi



Specialized for Women with:

- ✓ 12 Key Nutrient Groups
- ✓ Whole Food Concentrates
- ✓ Vitamin D3, Cranberry & More

120 LIQUID SOFT-GELS
DIETARY SUPPLEMENT



Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels per day all at once or in divided doses with food and a full glass (8oz) of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 40

	Amount per Serving	%Daily Value
Calories	40	
Total Fat	2.5 g	3%**
Cholesterol	5 mg	2%**
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Vitamin A (as Beta Carotene)	250 mcg	28%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Vitamin D3)	10 mcg (400 IU)	50%
Vitamin E (as d-Alpha Tocopherol)	134 mg	895%
Thiamin (as Thiamine Mononitrate)	20 mg	1667%
Riboflavin	20 mg	1538%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1176%
Folate	1020 mcg DFE (600 mcg folic acid)	255%
Vitamin B12 (as Methylcobalamin)	60 mcg	2500%
Biotin	15 mcg	50%
Pantothenic Acid (as D-Calcium Pantothenate)	20 mg	400%
Calcium (as Calcium Citrate)	50 mg	4%
Magnesium (as Magnesium Amino Acid Chelate)	25 mg	6%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as L-Selenomethionine)	75 mcg	136%
Copper (as Copper Amino Acid Chelate)	2 mg	222%
Manganese (as Manganese Ascorbate)	2 mg	87%
Chromium (as Chromium Polynicotinate)	120 mcg	343%
Molybdenum (as Molybdenum Amino Acid Chelate)	225 mcg	500%

Crucial Oil Complex

Fish Oil (30% Omega-3 fatty acids (EPA/DHA)), Flax Seed Oil (50% ALA), Evening Primrose Oil (9% GLA)(seed)

Antioxidant Blend

Acai (*Euterpe oleracea*) Berry extract (4:1), Grape Seed extract (95% proanthocyanidins), Green Tea extract (50% polyphenols) (leaf), Resveratrol, White Tea extract (90% polyphenols)(leaf)

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, titanium dioxide (color), turmeric (color), sodium copper chlorophyllin (color), dicalcium phosphate and mannitol.

Contains: Fish (anchovy, sardine), Soy BioPerine® is a registered trademark of Sabinsa Corporation. **No preservatives added.**

	Amount per Serving	%Daily Value
Fruit and Vegetable Blend	57 mg	†
Alfalfa (aerial), Asparagus (aerial), Beet (root), Blueberry (<i>Vaccinium angustifolium</i>) (fruit), Broccoli (aerial), Brussels Sprouts (<i>Brassica oleracea</i> var. <i>gemmifera</i>) (aerial), Cabbage (<i>Brassica oleracea</i> var. <i>capitata</i>) (aerial), Carrot (<i>Daucus carota</i> ssp. <i>sativus</i>) (root), Collards (aerial), Garlic (bulb), Ginger (root), Grape (seed), Grapefruit (fruit), Lemon (fruit), Onion (bulb), Papaya (fruit), Pineapple (fruit), Spinach (leaf), Tomato (fruit)		
Immuno Blend	54 mg	†
Cat's Claw powder (bark), European Elder Berry powder, Garlic powder (bulb)		
Amino Acid Blend	54 mg	†
L-Histidine Hydrochloride, L-Isoleucine, L-Leucine, L-Lysine Hydrochloride, L-Methionine, L-Phenylalanine, L-Threonine, L-5-Hydroxytryptophan, L-Valine		
Traditional Botanical Blend	21 mg	†
Ashwagandha powder (root), Astragalus (<i>Astragalus membranaceus</i>) powder (root), Bupleurum (<i>Bupleurum chinense</i>) powder (root)		
Green Super Food Blend	9 mg	†
Barley Grass powder, Chlorella powder, Spirulina (<i>Arthrospira platensis</i>) powder		
Adrenal Blend	24 mg	†
American Ginseng powder (root), Montmorillonite		
Brain Blend	18 mg	†
Ginkgo powder (leaf), Phosphatidylserine		
Targeted Blend	135 mg	†
Corn Silk powder, Cranberry (<i>Vaccinium macrocarpon</i>) powder (fruit), Milk Thistle powder (seed)		
BioPerine Complex	6 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		

**Daily Value based on a 2,000 calorie diet
†Daily Value not established

Women's Living Green Liquid-Gel Multi sets a new standard in today's world of low nutrition and high stress. Combining powerful botanicals and essential nutrients, this is not a one-size-fits-all formula... it's targeted to benefit the unique nutrition profile of women.* For example, it delivers Vitamin D3, Cranberry and more.

Most importantly, it's one of the world's only multivitamin formulas delivered in a Liquid Soft-Gel. So what does that mean to you? Liquid Soft-Gels are easier to swallow, they release their nutrients quickly, and they are free of binders/fillers that are typically found in tablets – leaving more room for life-giving nutrients.* But the greatest benefit of Liquid Soft-Gels is that they can hold important oils, such as Omega-3 Essential Fatty Acids (EFAs). This breakthrough formula combines over 70 nutrients, vitamins and minerals that cover the following 12 categories:

ONE: Full-Spectrum Vitamins	SEVEN: Amino Acid Blend
TWO: Minerals	EIGHT: Traditional Botanical Blend
THREE: Crucial Oil Complex	NINE: Green Super Food Blend
FOUR: Antioxidant Blend	TEN: Adrenal Blend
FIVE: Fruit and Vegetable Blend	ELEVEN: Brain Blend
SIX: Immuno Blend	TWELVE: Targeted Blend

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Questions@IrwinNaturals.com

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.
WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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