



ANCIENT NUTRIENTS

Vitamin D

*Vitamin K2 (MK-7)
Ancient Superfoods
Adaptogenic Herbs*



WHOLE FOOD DIETARY SUPPLEMENT
60 CAPSULES

Suggested Use: Adults take 1 capsule per day with 8oz of water or your favorite beverage. Can be taken with or without food.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	%DV
Vitamin D*	125 mcg	625%
Vitamin K (as menaquinone-7)	90 mcg	75%

Ancient Nutrients TCM Blend

627 mg +
Bovine Liver, Organic Astragalus Extract, Beef Bone Broth,
Chicken Bone Broth, Organic Schisandra Berry Extract, Organic
Lion's Mane (*Hericium erinaceus*) Extract, Organic Reishi
Mushroom Extract, Wild Hake Roe.

+ Daily Value (DV) not established.

Other ingredients: *Saccharomyces cerevisiae*, beef gelatin.

CONTAINS: Hake. *Probiotic Fermented Nutrient.

Do not use if product has been opened or tampered with in any way.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. Keep out of reach of children. Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives.

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Manufactured for:



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