



Plant Protein+ from Ancient Nutrition combines specially selected proteins from Seven Organic Ancient Seeds + a wellness boost from Seven Organic Ancient Botanicals to fuel you in the modern world.

Offering 15g of protein, 4g of carbs and 0g of sugar, Plant Protein+ is an easy and delicious way to power your day. It's great post-exercise to support muscle strength and recovery<sup>†</sup> or to fortify your daily diet. Just add water for a delicious shake or try it as:

- + a boost in your favorite smoothies.
- + a key ingredient in your favorite recipes.



Ancient Nutrition for the Modern World  
[www.AncientNutrition.com](http://www.AncientNutrition.com)



# PLANT PROTEIN+

Berry

*Vegan Superfood Protein Powder*



7 Ancient Organic Seeds  
7 Ancient Organic Botanicals  
Organic MCTs  
Stevia Free



NET WT. 11 OZ (313.2 G)

**Suggested Use:** Adults take one scoop (included) with 8 ounces of water or your favorite hot or cold recipe.

## Nutrition Facts

12 Servings per container  
Serving size 1 scoop (26.1g)

Amount Per Serving  
**Calories 90**

% Daily Value\*

Total Fat 1.5g 2%

Saturated Fat 0.5g 4%

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 5%

Total Sugars 0g

Protein 15g

Vitamin D 0mg 0%

Iron 9.3mg 50%

Calcium 36mg 2%

Potassium 0mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Other Ingredients:** Organic Protein Blend: Organic Pumpkin Seed Protein, Organic Flaxseed Meal, Organic Hemp (seed) Protein, Organic Chia (seed) Protein, Organic Sunflower (seed) Protein, Organic Watermelon (seed) Protein, Organic Flukeraria volubilis (Sacha Inchi) (seed) Protein, Organic Adaptogenic Herbal and Mushroom Blend: Organic Coconut MCT, Organic Ashwagandha (root) Extract, Organic Avocado, Organic Reishi Mycelium, Organic Fermented Holy Basil (leaf) Extract, Organic Cordyceps Mycelium, Organic Fermented Eleuthero Siberian Ginseng (root), Organic Fermented Rhodiola (root), Organic Fermented Schisandra Berry, Organic Apple Cider Vinegar, **Flavor Blend:** Natural Strawberry Flavor with Other Natural Flavor, Organic Guar Gum, Organic Luo Han Guo Extract.

**CONTAINS:** Tree Nut (Coconut)

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:



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[www.AncientNutrition.com](http://www.AncientNutrition.com)  
Certified Organic by Oregon Tilth



This product does not contain common GI genes or proteins.  
Visit [igenprogram.com](http://igenprogram.com)



BL-APN-0896-080620

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medication, consult a doctor before using this product. Do not use if product has been tampered with in any way. Color and odor may vary from lot to lot. Store in a cool, dry place. \* Package by weight not volume. Settling may occur. NOTICE: Use this product as a food supplement only. Do not use for weight reduction.