

Prosta-Strong® is a comprehensive formula developed to support the prostate gland.* This multi-nutrient blend includes a combination of herbs and nutrients to strategically support prostate health.*

■ **Healthy Prostate:** Saw Palmetto extract supports optimal prostate health.* Pumpkin Seed Extract, Beta-Sitosterol and Fish Oil contain important fatty acids and plant sterols that deliver valuable nutritional support to the prostate gland.*

■ **Urinary flow:** Saw Palmetto extract also supports healthy urinary flow in men as they age.* Traditionally, Pygeum and Graminex® have been used as prostate-specific nutrients.*

■ **Antioxidant Activity:** Natural tomato extract, including Lycopene, delivers beneficial nourishment for the prostate.* Prosta-Strong® also supplies quercetin, a flavonoid that exhibits antioxidant properties.*

Prosta-Strong® focuses on these 3 targeted areas and combines supportive nutrients for optimal prostate health. This advanced formula includes healthy levels of Omega-3 Fatty Acids from Fish Oil.*

What makes us different:

■ **Liquid Soft-Gels** - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

■ **Quality Assurance** - Irwin Naturals® is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease, high blood pressure and hormone-sensitive conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

DISTRIBUTED, FORMULATED AND QUALITY TESTED BY:
Irwin Naturals® 5310 Beethoven Street • Los Angeles, CA 90066

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Highly Specialized Products:
www.IrwinNaturals.com

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**VALUE
SIZE!**

**PROSTATE
HEALTH***



PRO-ACTIVE MALE*

Prosta-Strong®

Healthy Urinary Flow*



320 mg of Saw Palmetto

**Plus Lycopene, Pygeum and
Pumpkin Seed Extract**

180 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take four (4) Liquid Soft-Gels per day with meals and a full glass (8oz) of water. May be taken all at once or divided throughout the day.

Supplement Facts

Serving Size: 4 Liquid Soft-Gels
Servings per Container: 45

	Amount per Serving	% Daily Value
Calories	30	
Total Fat	2.5 g	3%**
Saturated Fat	0.5 g	4%**
Cholesterol	10 mg	3%
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Vitamin D	0.7 mcg	3%
Zinc (as Zinc Picolinate)	11 mg	100%
Fish Oil (30% Omega-3 fatty acids, 608.4 mg)	2028 mg	†
Saw Palmetto extract (85% fatty acids, 272 mg)(fruit)	320 mg	†
Graminex® Flower Pollen (<i>Secale cereale</i>) extract	200 mg	†
Quercetin	200 mg	†
Stinging Nettle extract (5:1)(leaf)	100 mg	†
Pygeum extract (13% phytosterols, 6.5 mg)(bark)	50 mg	†
Green Tea extract (50% polyphenols, 20 mg)(leaf)	40 mg	†
Pumpkin extract (25% fatty acids, 6 mg)(seed)	24 mg	†
Lyc-O-Mato® Tomato extract (6% lycopene, 1.2 mg)(fruit)	20 mg	†
Beta-Sitosterol	6 mg	†
BioPerine Complex	6 mg	†
BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		

**Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, titanium dioxide (color), maltodextrin and sodium copper chlorophyllin (color).

Contains: Fish (anchovy, sardine), Soy

■ **BIOPERINE**® is a registered trademark of Sabinsa Corporation.

Graminex® is a registered trademark of Graminex, LLC.

Lyc-O-Mato® is a registered trademark of LycorRed Natural Products Limited.

No preservatives added.