

SUGGESTED USE: Take 1 capsule twice daily preferably with food 1 to 2 hours prior to physical activity or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition. If you are taking medication or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Natures Craft®

BRAIN + IQ COMPLEX



Supports Better Brain Health*

30 Capsules | Dietary Supplement

Supplement Facts:

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin B12 (as Cyanocobalamin)	500mcg	20833%
Bacopa Monnieri Extract (herb)	300mg	**
Soy Bean Extract (20% Phosphatidylserine)(seed)	100mg	**
Ginkgo Biloba Extract (24% Flavonol Glycosides)(leaf)	100mg	**
Rhodiola Rosea Extract (root)	50mg	**
Dimethylaminoethanol (DMAE) Bitartrate	50mg	**

** Daily Value (DV) not established.

Other Ingredients: Gelatin (Capsule), Magnesium Stearate, Silicon Dioxide, Rice Flour

Allergen: Contains Soy



Manufactured Exclusively For: Nature's Craft
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