## Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 75

	<b>Amount Per Serving</b>	%DV
Vitamin A (as Beta-Carotene)	750 mcg	83%
Vitamin C (Ascorbic Acid)	166 mg	184%
Vitamin D (as Cholecalciferol)(66 IU)	1.65 mcg	8%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	14.9 mg	99%
Vitamin B1 (as Thiamine Mononitrate)	6.6 mg	550%
Vitamin B2 (Riboflavin)	6.6 mg	508%
Vitamine B3 (as Niacinamide)	25 mg	156%
Vitamin B6 (as Pyridoxine HCI)	6.6 mg	388%
Folate (as 133 mcg Folic Acid)	226 mcg DFE	57%
Vitamin B12 (as Cyanocobalamin)	33 mcg	1375%
Biotin	100 mcg	333%
Vitamin B5 (as d-Calcium Pantothenate)	16.6 mg	332%
Calcium (as Calcium Carbonate)	66.6 mg	5%
iron (as Ferrous Furnarate)	2.6 mg	14%
lodine (from Kelp)	50 mcg	33%
Magnesium (as Magnesium Ovide)	33 mg	8%
Las Zinc Oxide)	8 mg	73%
Selenium (as Selenium AAC)	66.6 mcg	121%
copper (as Copper Gluconata)	0.33 mg	37%
manganese (as Manganoso Clustonata)	1.6 mg	70%
Ids ( Dromium Dolomication 4-1	66 mcg	189%
The state of the s	8 mcg	18%
Choline (from 50 mg Choline Bitartrate)	22.5 mg	4%

## B.E.S.T. PROCESS

Alka Line Supplements





Super Multi-Vitamins

75 Tablets Contains No Yeast • Not Heat Treated

Vegetarian Blend:	43.4 mg	**
Ginkgo Biloba Leaf 4:1 Extract, Wakame Alg 4:1 Extract, Alfalfa (Aerial Parts), Burdock Re Horsetail Herb 4:1 Extract, Goldenseal Root	ae (Sea Vegetable), Milk Ti oot, Dandelion Root 4:1 Ext 4:1 Extract	histle Seed tract
Bromelain (70 GDU/g)	167 mg	**
Chlorella Algae	133 mg	**
Citrus Bioflavanoids	33 mg	**
Betaine Hydrochloride	25 mg	**
Para-aminobenzoic Acid (PABA)	25 mg	**
L-Methionine	25 mg	**
Inositol	17 mg	**
** Daily Value not established		

OTHER INGREDIENTS: Dicalcium Phosphate, Silicon Dioxide, Stearic Acid, Croscarmellose Sodium, Microcrystalline Cellulose, Magnesium Stearate, HPMC, PEG

Directions: Adults - Take one tablet daily with meals or as directed by your physician. Warning: Consult a healthcare professional before taking this product if you are pregnant or nursing.

Store in a cool, dry place. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured for B.E.S.T. Process 1-800-874-1478