suggested use: As a dietary supplement take two (2) capsules once a day. For best results take 20-30 min before a meal or as directed by your healthcare professional.

caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST



ASHWAGANDHA

Non-GMO Formula





(Appetite Suppression*

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving		%DV
Organic Ashwagandha (Withania somnifera)(root)	1300mg	**
Organic Black Pepper (Piper nigrum)(fruit)	10mg	**

**Daily Value (DV) not established

Inactive Ingredients: Pullulan Capsules

Manufactured Exclusively For:
Nature's Craft
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