

Calm and Collected is the pharmaceutical-free solution for mood support needed due to hormonal changes due to aging. Calm and Collected also helps provide stress reduction and anti-oxidant support. Powerful anti-oxidant support from "nature's best anti-oxidant" Astaxanthin.

- ✓ Powerful Mood Support*
- ✓ Astaxanthin Anti-Oxidant
- ✓ High Potency and Solubility*
- ✓ Feel Effects Quickly
- ✓ Easy on Digestion Softgels

Monterey Bay Nutraceuticals brings advanced ingredient science to astute anti-aging consumers, pharmacists, physicians, and other health and wellness professionals seeking pharmaceutical-free solutions to important long term health needs. We are committed to creating science-based, potent, pure, body soluble multifunctional products that are effective. All our products are tested and manufactured in cGMP facilities in the USA.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Mood Support* ♦ Stress Reduction*

Calm & Collected

Helps support healthy
immune function*

Helps relieve stress
and tension*

Helps the body strengthen
immune defenses*

Dietary Supplement
30 SOFTGEL CAPSULES

DIRECTIONS: For adults, take one (1) softgel daily in the morning with food. Keep bottle tightly closed. Store in a cool, dry place out of reach of children. Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size: 1 softgel

Servings per container: 30

Amount per Serving	
Mixed Tocotrienol	5 mg†
WellBody 365™	140 mg†
Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract (7.5% glycoside conjugates, 30% oligosaccharides), Maitake (<i>Grifola frondosa</i>) Fruit Body Extract (20% beta glucans)	
Sea Buckthorn Fruit Oil	400 mg†
Astaxanthin	1 mg†
†Daily Value not established	

Other Ingredients: Gelatin, Phosphatidyl Choline, Soy Lecithin, Glycerin, Beeswax

WellBody 365™ is a trademark of NutraGenesis, LLC and is protected under U.S. Patents #6,713,092 and #5,854,404.

Distributed by: Monterey Bay Nutraceuticals 2901 West Coast Highway, Suite 200 Newport Beach, CA 92663 • 949-258-4404