

SUGGESTED USE: 3 tablets taken daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

KEEP OUT OF THE REACH OF CHILDREN.

Do not use if safety seal is damaged or missing. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



ALPHA DAILY

MULTIVITAMIN/MINERAL

FOOD BASED VITAMIN
AND MINERAL SUPPORT

Dietary Supplement | 90 Tablets

SUPPLEMENT FACTS

Serving Size: 3 Tablets • Servings Per Container: 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A (67% beta-carotene / 33% palmitate)	15,000 IU	300%	Enzyme Complex (from plants) (Consisting of Cellulase, Bromelain, Papain, Amylase, Trypsin & Lipase)	75 mg	*
Vitamin C (ascorbic acid)	500 mg	833%	Spirulina Algae	500 mg	*
Vitamin D-3 (cholecalciferol)	400 IU	100%	Wheat Grass Powder (aerial plant)	200 mg	*
Vitamin E (d-Alpha tocopheryl succinate)	100 IU	333%	Safflower (powder)	100 mg	*
Vitamin B-1 (thiamine mononitrate)	50 mg	3333%	Lecithin	75 mg	*
Vitamin B-2 (riboflavin)	50 mg	2941%	Choline Bitartrate	75 mg	*
Niacin (niacin granular)	10 mg	50%	Inositol	75 mg	*
Vitamin B-6 (pyridoxine HCl)	50 mg	2500%	Citrus Bioflavonoids 50% Complex	50 mg	*
Folic Acid	400 mcg	100%	Gotu Kola Powder (aerial parts)	50 mg	*
Vitamin B-12 (cyanocobalamin)	100 mcg	1667%	Echinacea purpurea Root Powder	25 mg	*
Biotin	100 mcg	33%	Green Tea (98% extract) (dried leaves)	25 mg	*
Pantothenic Acid (d-calcium pantothenate)	20 mg	200%	PABA (para-Aminobenzoic Acid)	15 mg	*
Calcium (phosphate / amino acid chelate)	175 mg	18%	Psyllium Husk Powder (hulls)	15 mg	*
Phosphorus (dicalcium phosphate)	72 mg	7%	Oat 10:1 Extract (aerial parts)	15 mg	*
Magnesium (amino acid chelate)	100 mg	25%	Apple Pectin (Malus domestica) (fruit)	15 mg	*
Zinc (amino acid chelate)	15 mg	100%	Chlorophyll (sodium copper chlorophyllin)	15 mg	*
Selenium (amino acid chelate)	50 mcg	71%	Lactobacillus acidophilus	20 Million CFU†	*
Copper (oxide)	200 mcg	10%	Octacosanol	15 mg	*
Manganese (sulfate)	2 mg	100%	Peat Extract (providing all 72 naturally-occurring trace minerals)	3 mg	*
Chromium (as polynicotinate)	50 mcg	42%	Kelp (thallus)	210 mcg	*
Potassium (as citrate)	50 mg	1%	Boron (as amino acid chelate)	27 mcg	*
42 Fruit & Vegetable Proprietary Blend Consisting of Blueberry, Cranberry, Grape Seed, Strawberry, Raspberry, Pomegranate, Bilberry, Alfalfa, Carrot, Beet, Broccoli, Acai, Chokeberry, Apple, Apple Pectin, Maqui Berry, Grape Skin, Black Cherry, Tomato, Barley, Celery, Chlorella, Black Currant, Artichoke, Mango, Pineapple, Spirulina, Dandelion, Wheat Grass, Green Tea, Milk Thistle, Eleutherococcus senticosus, Ashitaba, Bing Cherry, Elderberry, Goji Berry, Grapefruit, Mangosteen, Spinach, Tart Cherry, Papaya and Asian Pear	315 mg	*			

* Daily Value (DV) not established.
† Activity level at time of manufacture.

Other Ingredients: Vegetable stearic acid, pharmaceutical glaze, vegetable magnesium stearate, croscarmellose sodium and microcrystalline cellulose.

ALLERGEN WARNING: CONTAINS SOY (LECITHIN).

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