

SUGGESTED USE: As a dietary supplement, take two (2) capsules once a day. For best results, take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

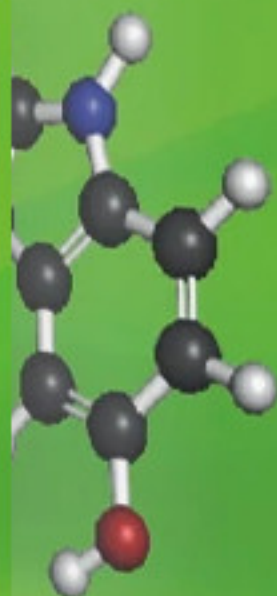
Lot # and Best by date printed on bottom of bottle.

NATURE AT ITS FINEST


Nature's Craft®

5-HTP

200mg Per Serving



Mood Assistance*

60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Calcium (as Calcium Carbonate)	328mg	25%
5-Hydroxytryptophan (from Griffonia simplicifolia seed extract)	200mg	**

** Daily Value not established

Other Ingredients: Gelatin (capsule), Magnesium Stearate

Manufactured Exclusively For:
Nature's Craft
Monsey, NY 10952
shopnaturescraft.com | 408-599-3841



Please
Recycle.

