- Helps Promote Increased Energy Production
- Supports Increased Blood Flow
- Promotes Increased Mental Alertness & Reaction Times"
- Bioperine for Better Absorption
- No Crash
- 2g of Creatine
- Zero Carbs

DIRECTIONS: Mix 1 - 2 scoops in 6-8 ounces of cold beverage or protein. Take 20 - 30 minutes before workout. Check tolerance level by taking 1 scoop. If well tolerated take 1 - 2 scoops. DO NOT EXCEED 2 SCOOPS DAILY. DO NOT TAKE WITH ANY OTHER STIMULANT CONTAINING PRODUCTS.

Warning: Do not use if under age 18. Do not use if you are pregnant or nursing Consult a medical doctor before use if you have any medical condition or family history of any disease, including (but not limited to) hypotension, hypertension heart, liver, or thyroid disease, diabetes, psychiatric disease, asthma, pernicous prostate enlarge. depression, seizure disorder, cardiac arrhythmia, spole prostate enlargement, or if you are taking any prescription drug.

## KEEP OUT OF REACH OF CHILDREN.

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not



## PRE-WORKOUT FORMULA

INTENSE ENERGY\*\*, ALERTNESS\*\*, STRENGTH GAINS\*\* & MUSCULAR PUMPS\*\*

## LEMONADE

Natural Flavor

Net Wt 217.5 Grams (7.67 Oz.) Dietary Supplement



## **SUPPLEMENT FACTS**

Serving Size: 7.25 g (1 Rounded Scoop)

Servings Per Container: 30

	Per Serving	%DV**
Total Carbohydrates	1 g	<1%
Vitamin B3 (as Niacin)	35 mg	175%
Vitamin B6 (as Pyridoxine HCI)	2 mg	100%
Folate (as Folic Acid)	80 mcg	20%
Vitamin B12 (as Methylcobalamii	n) 6 mcg	100%
L-Citrulline-Malate	2000 mg	t
Creatine Monohydrate	2000 mg	t
Focus Matrix	800 mg	t
[N-Acetyl L-Tyrosine, Choline Bi Bitartrate, L-Theanine, Bacopa I		
Caffeine	200 mg	t
BioPerine® (Black Pepper Extrac	t) 2 mg	t

Daily Values (DV) are based on a 2,000 calorie diet † Daily Value (DV) not established.

Natural, Citric Acid, Malic Acid, Silicon Dioxide, Sucralose, Calcium Silicate, Acesulfame Potassium.

BE ALPHA AND RECYCLE





