



FORMULA 075

FORMULA 75

**Super Hi-Potency
One Daily**

Multi Vitamin-Mineral

w/ Beta Carotene

Dietary Supplement

30 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A 25000 IU	500%
(80% as beta carotene)(20% as palmitate)	
Vitamin C (as L-ascorbic acid) 250 mg	417%
Vitamin D-3 (as cholecalciferol) 400 IU	100%
Vitamin E(as d-alpha tocopheryl succinate) 150 IU	500%
Thiamin (as thiamin hydrochloride) 75 mg	5000%
Riboflavin 75 mg	4412%
Niacin (as niacinamide) 75 mg	375%
Vitamin B-6 (as pyridoxine hydrochloride) .. 75 mg	3750%
Folic Acid 400 mcg	100%
Vitamin B-12 (as cyanocobalamin) 75 mcg	1250%
Biotin 75 mcg	25%
Pantothenic Acid(as calcium pantothenate) 75 mg	750%
Calcium (as calcium carbonate) 50 mg	5%
Iron (as ferrous fumarate) 10 mg	56%
Iodine (as potassium iodide) 150 mcg	100%

DIRECTIONS: As a dietary supplement, take 1 tablet daily.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

TAMPER EVIDENT
Do Not Use If Printed Seal Under Cap is Broken or Missing

Amount Per Serving	% DV
Magnesium (as magnesium oxide) 7 mg	2%
Zinc (as zinc oxide) 15 mg	100%
Selenium (as sodium selenite) 10 mcg	14%
Manganese (as manganese sulfate) 6 mg	300%
Potassium (as potassium chloride) 10 mg	<1%
* Daily Value not established.	
Choline (as choline bitartrate) 75 mg
Inositol (as inositol cyclohexanehexol) 75 mg
Lemon Bioflavonoids 30 mg
PABA (as para aminobenzoic acid) 75 mg
Rutin 25 mg
Betaine (as betaine hydrochloride) 25 mg
Glutamic Acid (as L-glutamic acid) 25 mg

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, vegetable stearic acid, silica, vanillin, rose hips, alfalfa, parsley. Contains fish (cod) & wheat ingredients. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **Made in USA**
Dist. by: **Wonder Laboratories**®, 115 S.C.T.Ct., White House, TN 37188
Rev. #02

0 11105 5 20 11182 5 6 6 1 0