



FORMULA 075

# FORMULA 75

## Super Hi-Potency One Daily

### Multi Vitamin-Mineral w/ Beta Carotene

Dietary Supplement

90 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A ..... 25000 IU	500 %
(80% as beta carotene)(20% as palmitate)	
Vitamin C (as L-ascorbic acid) ..... 250 mg	417%
Vitamin D-3 (as cholecalciferol) ..... 400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate) ..... 150 IU	500%
Thiamin (as thiamin hydrochloride) ..... 75 mg	5000%
Riboflavin ..... 75 mg	4412%
Niacin (as niacinamide) ..... 75 mg	375%
Vitamin B-6 (as pyridoxine hydrochloride) ..... 75 mg	3750%
Folic Acid ..... 400 mcg	100%
Vitamin B-12 (as cyanocobalamin) ..... 75 mcg	1250%
Biotin ..... 75 mcg	25%
Pantothenic Acid (as calcium pantothenate) ..... 75 mg	750%
Calcium (as calcium carbonate) ..... 50 mg	5%
Iron (as ferrous fumarate) ..... 10 mg	56%
Iodine (as potassium iodide) ..... 150 mcg	100%

Other ingredients: Veg. cellulose, Veg. magnesium stearate, veg. stearic acid, silica, vanillin, rose hips, alfalfa, parsley. Contains fish (cod) & wheat ingredients.

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Amount Per Serving	% DV
Magnesium (as magnesium oxide) ..... 7 mg	2%
Zinc (as zinc oxide) ..... 15 mg	100%
Selenium (as sodium selenite) ..... 10 mcg	14%
Manganese (as manganese sulfate) ..... 6 mg	300%
Potassium (as potassium chloride) ..... 10 mg	< 1%
Choline (as choline bitartrate) ..... 75 mg	*
Inositol (as inositol cyclohexanehexol) ..... 75 mg	*
Lemon Bioflavonoids ..... 30 mg	*
PABA (as para aminobenzoic acid ) ..... 75 mg	*
Rutin ..... 25 mg	*
Betaine (as betaine hydrochloride) ..... 25 mg	*
Glutamic Acid (as L-glutamic acid) ..... 25 mg	*

\* Daily Value not established.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.

**TAMPER EVIDENT:** Do not use this product if imprinted seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **Made in USA**

Dist. by: **Wonder Laboratories**®, 115 S.C.T. Ct., White House, TN 37188  
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