

SUGGESTED USE: 1 tablet per day or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. CAUTION: This product contains a desiccant. For best results, keep the desiccant in the bottle until all contents are consumed. DO NOT EAT DESICCANT. KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer logoed neck seal or inner-seal is missing or damaged.

Label ID L-GRO921-599060-A
Product #599060



Methyl B-12

dietary supplement

professional use only

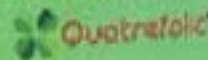
60 Tablets

Supplement Facts^{V1}

Serving Size 1 Tablet
Servings Per Container 60

1 tablet contains	Amount Per Serving	% Daily Value
Folate (from 1,000 mcg as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	1,700 mcg DFE	425%
Vitamin B12 (as Methylcobalamin)	5,000 mcg	208,333%

Other Ingredients: Isomalt, Natural Cane Sugar, Croscarmellose Sodium, Potassium Bicarbonate, Natural Cherry Flavor (msg free), Sodium Stearyl Fumarate, Stearic Acid, Citric Acid, Silicon Dioxide, and Bilberry Fruit Extract. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patents Pending.



Distributed By: NHC
310 N Westhill Blvd
Appleton, WI 54914