

CODE 347511
Directions: As a dietary supplement, take the contents of one packet daily with food.
Each pack contains:

Women's Ultra Mega® Active Without Iron

Supplement Facts

Serving Size Two Orange Caplets		
Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamine Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium D-pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	288%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Proprietary Energy Blend Panax ginseng Root Extract, Ginkgo biloba Leaf Extract, Green Tea Leaf Extract, L-Valine, L-Leucine, L-Isoleucine	100 mg	*
Proprietary Joint Cushion Support Blend MSM (Methyl Sulfonfyl Methane), Collagen, Hyaluronic Acid (HA)	50 mg	*
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Cranberry Concentrate (<i>Vaccinium macrocarpon</i>)	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Riboflavin, Glycerol Esters, Sucralose, Carmine Color.
CONTAINS: Fish and Soybeans.



Burn 60™

Supplement Facts

Serving Size One Red Caplet		
Amount Per Serving		
Guarana Seed Extract (<i>Paullinia cupana</i>)(36% Caffeine = 90 mg)	247.5 mg	*
Black Tea Leaves Extract (<i>Camellia sinensis</i>)	136.3 mg	*
MegaNatural® Grape Skin & Seed Extract (<i>Vitis vinifera</i>)	105 mg	*
Ginger Root Extract (<i>Zingiber officinale</i>)	100 mg	*
MegaNatural® Gold Grape Seed Extract (<i>Vitis vinifera</i>)	62.5 mg	*
Dill Weed Extract (<i>Anethum graveolens</i>)	2.5 mg	*
* Daily Value not established.		

Other Ingredients: Dextrose, Cellulose, FD&C Yellow #6 Lake, FD&C Red #40 Lake, Titanium Dioxide, Cinnamon Bark Extract, Natural Vanilla Flavor, Sucralose.



Green Tea Complex

Supplement Facts

Serving Size One Brown Filled Capsule		
Amount Per Serving		
Green Tea Leaves Extract (<i>Camellia sinensis</i>) (14% Polyphenols = 35 mg)	250 mg	*
Green Tea Leaves Extract (<i>Camellia sinensis</i>) (75% Polyphenols = 187.5 mg)(50% EGCG = 125 mg)	250 mg	*
* Daily Value not established.		

Other Ingredients: Vegetable Cellulose Capsule, Cellulose.
Contains 35 mg Caffeine.



Carnitine 500

Supplement Facts

Serving Size One White Filled Capsule		
Amount Per Serving		
L-Carnitine (as L-Carnitine L-Tartrate)	500 mg	*
* Daily Value not established.		

Other Ingredients: Gelatin.



WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex 25
- Total Lean™ Lean Shake™
- Total Lean™ CLA
- SuperFoods Whole Foods Blend

For More Information:
1-888-462-2548
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For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE
If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

Concentrated Fish Oil

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	<1 g	<1%†
EPA (Eicosapentaenoic Acid)(Omega-3)	357 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	144 mg	*
† Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.		

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).



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WOMEN'S
ULTRA MEGA®
Energy & Metabolism

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied multivitamin^ enhanced with a powerful energizing complex*
- Fuels metabolism & promotes healthy cells with a specialized green tea complex*
- Improves mental alertness & energy*
- Helps maintain healthy cholesterol & blood pressure levels*



30 PACKS



WOMEN'S ULTRA MEGA® ENERGY & METABOLISM

GNC Women's Ultra Mega® Energy & Metabolism Vitapak® Program conveniently combines nutrients and special ingredients designed to support women's overall health, energy and mental sharpness.*

- **Women's Ultra Mega® Active Without Iron** – Our premium timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® Active contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as B-vitamins that are important for cardiovascular health and energy production.* Features a premium energizing sports blend, 500 mg of bone-strengthening calcium and provides a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*
- **Burn 60™** – This thermogenic formula helps enhance metabolism, burn calories and boost energy levels.* The powerful ingredients in Burn 60™ also support physical and mental energy and performance.*
- **Green Tea Complex** – Supplies 500 mg of green tea extract, including 125 mg of EGCG, a major active component of green tea that supports metabolism and polyphenols, which act as antioxidants that can promote cell health by helping fight damage from free radicals.*
- **Carnitine 500** – The most clinically studied and most concentrated form of carnitine. This naturally occurring amino acid facilitates the metabolism of fatty acids and helps fuel muscles and support exercise recovery.*
- **Concentrated Fish Oil** – This specialty formula features 500 mg of essential omega-3 fatty acids EPA and DHA in one mini 40% smaller softgel. Omega-3 fatty acids are necessary for heart, joint, brain and eye health, help maintain healthy cholesterol levels and support the maintenance of normal blood pressure levels.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.