

Color of this product may vary due to color variations of the natural ingredients.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children.
Store in a cool, dry place.



Distributed by: NHC
310 N Westhill Blvd.
Appleton, WI 54914



Q27T47G.060



Methyl B-12 Chewable

1,000 mcg of Folate &
1,000 mcg of B12

dietary supplement

vegetarian • gluten free

60 Chewable Tablets

Suggested Use: As a dietary supplement, chew 1 tablet daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
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Folate (as L-Methyltetrahydrofolate Calcium) 1,000 mcg DFE	250%
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Vitamin B12 (as Methylcobalamin) 1,000 mcg	41,667%
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Other ingredients: sorbitol, microcrystalline cellulose, stearic acid, vegetable stearate, natural apricot flavor, natural cherry flavor, silica.