

Color of this product may vary due to color variations of the natural ingredients.

Warning: This product should not be taken by adolescents, pregnant or lactating women, persons taking cortisone, or persons with kidney disease. Consult your physician if taking medications for sleep, anxiety or if on any anti-coagulant, antidepressant, antipsychotic or anti-hypertensive drugs.

Keep out of reach of children. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NON
GMO
ingredients



027T370.120



Melatonin 3mg

Sleep Support*

dietary supplement

vegetarian • gluten free

120 Capsules

Suggested Use: As a dietary supplement, take 1 capsule, one to two hours before bedtime, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving	% Daily Value
Melatonin 3 mg	*

*Daily Value not established.

Other ingredients: microcrystalline cellulose, hypromellose (capsule).

Distributed by: NHC
310 N Westhill Blvd.
Appleton, WI 54914

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