

Keep out of reach of children. Use only if safety seals are intact. Store in a cool, dry place.

Warning: If you are pregnant or lactating, have any health conditions or are taking any medication, consult your healthcare professional before use.



Magnesium Glycinate

dietary supplement

gluten free • Non-GMO

90 Vegetarian Capsules

Recommendations: As a dietary supplement take 1-4 capsules daily with food.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Glycinate Chelate)	120 mg	29%

Other Ingredients: Hypromellose (Capsule), Organic Rice Hulls Concentrate.

Manufactured for: NHC
310 N Westhill Blvd
Appleton, WI 54914

