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Melatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle so that there is a higher concentration of it at night.\* At night, higher levels of Melatonin is held by the body to induce and maintain sleep.† Therefore, Melatonin supplements taken at bedtime supports the body's natural process for facilitating sleep.† It may also help falling asleep faster and staying asleep all night.\*



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Product # 24768

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DIETARY SUPPLEMENT

Melatonin

Fast Dissolving Tablets

Supplement Facts

Serving Size 1 Fast Dissolving Tablet  
 Serving Per Container 250

Amount Per Serving		% DV
Melatonin (as N-Acetyl-S-Methoxytryptamine)	5 mg	**

\*\* Daily Value (DV) not established.

OTHER INGREDIENTS: Citrus, Maltodextrin, Dextrose, Cellulose Gum, Malic Acid, Natural Flavors, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Citric Acid, Terminate and Stearic Acid.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. DO NOT USE IF CAPSULE IS DAMAGED OR MISSING.

Manufactured, For & Distributed by:  
 AMAZING NUTRITION  
 An FDA Registered Facility  
 11900 JCT, RI 02918

- Helps Fall Asleep Fast & Stay Asleep All Night\*
- Helps Regulate Sleep Cycle\*
- Calming & Relaxing Effect\*



CITRUS FLAVOR



5 MG  
 250 TABLETS



DISCLOSURE: As a dietary supplement, adults take one (1) fast dissolving tablet at bedtime. As Melatonin may produce drowsiness or dizziness, use with caution. Consult your health care professional.

DISCLOSURE: Not intended for use by pregnant or nursing women and persons under the age of 18. If you are taking any medications or have any medical conditions, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week.

CONTAINS NO: Preservatives, Artificial Colors, Flavor or Sweeteners, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Yeast or Fish.