

At Amazing Nutrition® it's the way we Healthy Living
We are passionate about bringing you the finest selection of products
which perfectly complement a healthy diet and active lifestyle.

Melatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle so that there is a higher concentration at night. "At night, higher levels of Melatonin help to help you relax and maintain sleep." Therefore, Melatonin supplements take a further step to support the body's natural process for facilitating sleep.* It may also help help you fall asleep faster and staying asleep all night.*

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Product # 22511

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AMAZING  NUTRITION

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DIETARY SUPPLEMENT

Melatonin

* These statements have not been evaluated by the
FDA and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for & Distributed by:
AMAZING NUTRITION™

An FDA Regulated Facility
Jersey City, NJ 07310



10 MG
360 TABLETS



Supplement Facts

Serving Size 1 Tablet

Servings Per Container 360

	Amount Per Serving	% DV
Melatonin (as N-Acetyl-5-Methoxytryptamine)	10 mg	**

**Daily Value (DV) not established

OTHER INGREDIENTS: Dicalcium Phosphate, Vegetable Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica and Pharmaceutical Grade

Melatonin (10) is a dietary supplement. Adults take one (1) tablet at bedtime to maximize melatonin production or as directed by a health care professional.

Melatonin (10) is not intended for use by pregnant or nursing women. If you are taking melatonin or have any medical conditions, consult your health care professional before use and consult your doctor if any adverse reactions occur. Do not use your machinery or consume alcohol when taking this product. Limit use to no more than 10 tablets of use week. Not intended for use by persons under the age of 18.

Contains Artificial Colors, Flavor, Sweeteners, Preservatives, Sugar, Sorbitol, Soy, and Wheat, Wheat, Yeast, or Fish.