

Believe that Amazing Nutrition® is the key to Healthy Living. We are passionate about bringing you the finest selection of products which perfectly complement a healthy and constructive lifestyle.

Melatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle but there is a higher concentration of it at night.* At night, high levels of Melatonin is held by the body to induce and maintain sleep.* Therefore, Melatonin supplements takes at bedtime supports the body's natural process for facilitating sleep.* It may also help falling asleep faster and staying asleep all night.*

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Product # 21012

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AMAZING  NUTRITION®

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DIETARY SUPPLEMENT

Melatonin

Supplement Facts

Serving Size 1 Tablet
Serving Per Container 120

	Amount Per Serving	% DV
Melatonin	10 mg	**
(as N-Acetyl-5-Methoxytryptamine)		

** % Daily Value (% DV) not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide and Magnesium Stearate.

*These statements have not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:
AMAZING NUTRITION®
Jersey City, NJ 07310 USA



- ✔ Helps Fall Asleep Fast & Stay Asleep All Night*
- ✔ Helps Regulate Sleep Cycle*
- ✔ Calming & Relaxing Effect*

10 MG
120 TABLETS



WARNINGS: As a dietary supplement, adults take one (1) tablet 1-2 times a day. Melatonin may produce drowsiness or an altered judgment. Consult your physician.

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to one month with a break of one week. Not intended for use by women under the age of 18.

OTHERS: No Artificial Colors, Flavors, Sweeteners, Preservatives, Soy, Yeast, Milk, Lactose, Egg, Gluten, Wheat, Traces of Fish.