## **WE WANT YOU TO KNOW**

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.



**VEGETARIAN OMEGA 3s** 

VITAMIN D AS D3 VITAMIN B12 AS METHYLCOBALAMIN

**FOLATE AS METHYLFOLATE** 

VITAMIN K AS K2

CHOLINE AS VITACHOLINE®

ZINC

BETA CAROTENE

2 DELICIOUS FLAVORS CHERRY and MIXED BERRY



**MULTI and OMEGA 3s** vitamin D3 for BONES\* vitamin B12 for IMMUNITY\* vitamin A for EYE HEALTH'

**60 VEGETARIAN GUMMIES** 



Directions: For children 2 and 3 years of age, take two (2) gummies daily under adult supervision. May be taken with or without food. Chew each gummy thoroughly.

# Supplement Facts

Serving Size 2 Gummies Servings Per Container 30

Amount Per 2 Gummy Serving	% Daily Val Ages 2 &	
Calories	15	9
Total Carbohydrate	3 g	2%†
Sugars	2 g	
Includes 2 g Added Sugars		8%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	90 mog	30%
Vitamin C (as organic acerola cherry extract)	12.5 mg	83%
Vitamin D (D-3 as cholecalciferol USP)	10 mcg (400 IU)	67%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	3.3 mg	55%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.05 mg	10%
Riboflavin (Vitamin B-2 USP)	0.08 mg	16%
Vitamin B-6 (as pyridoxal 5-phosphate)	0.5 mg	100%
Folate (as L-methylfolate, calcium salt)	125 mog DFE 75 mog L-methylfolate	83%
Vitamin B-12 (as methylcobalamin)	0.9 mcg	100%
Biotin USP	8 mcg	100%
Choline (as choline bitartrate USP)	9 mg	5%
lodine (as potassium iodide USP)	45 mcg	50%
Zinc (as zinc citrate USP)	0.75 mg	25%
Sodium	5 mg	0%
Organic Flax Seed Oil	128 mg	
Omega-3 (α-Linolenic Acid)	67 mg	
Omega-9 (Oleic Acid)	20 mg	
Vitamin K-2 (as menaguinone-7 USP)	7.5 mcg	

<sup>†</sup> Percent Daily Value based on a 1,000 calorie diet. Daily Value not established

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Organic Lemon Juice Concentrate, Organic Natural Flavors, Sodium Citrate, Colors Added (Organic Black Carrot Juice Concentrate, Organic Maqui Berry, Organic Turmeric), Organic Sunflower Oil, Organic Carnauha Wax.

## **FREE OF**

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs. gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. YAY!

### **EVERY BATCH 3RD PARTY LAB TESTED**

## @SmartyPants www.SmartyPantsVitamins.com

WARNING Keep out of reach of children. Not for children under 2 years of age. Consult a pediatrician before use. Do not use if inner safety seal is broken. Take only as directed. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients. Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI. VitaCholine® is a registered

1-888-751-2291

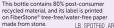
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\*These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure, or prevent any disease.



