

• wheat, corn, soy, or dairy.
 NO ingredients of animal origin.
 • Gluten Free • Vegan Friendly
 • cGMP

Distributed by:
 The Himalaya Drug Company
 1101 Gillingham Lane
 Sugar Land, Texas 77478

Product of India

Manufactured by:
 The Himalaya Drug Company
 Makali, Bengaluru 562 162 (INDIA)
 Mfg. Lic. No. AUS-83

Questions? Please call
 1-800-869-4640 or visit
 www.himalayausa.com

Formulated to reduce your response
 to stress, ease a nervous stomach, and
 keep you cool as a cucumber; these
 time-honored herbs help you go back
 to "Zen mode".

Recommended Use:
 Adults take 1 capsule twice a day after food.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.: Unvarnished area
 Exp. Date: 24x7mm

HUS-0000000

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 BY THE FOOD AND DRUG ADMINISTRATION. THIS
 PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
 CURE, OR PREVENT ANY DISEASE.

Himalaya
 SINCE 1930



Herbal Supplement
 60 VEGETARIAN CAPSULES

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED SINCE 1930

Supplement Facts	
Serving Size: 1 Capsule Servings Per Container: 60	
Amount Per Serving	
Chyavanprash concentrate	160 mg*
amla (fruit), shatavari (root), Indian kudzu (tuber), basil tree (stem), Clerodendrum phlomidis (stem), oroxylum (stem), Malay bush beech (stem), fragrant padri tree (stem), sariven (whole plant), Uraria picta (whole plant), three-lobed leaf cowpea (whole plant), blue wiss (whole plant), long pepper (fruit), tribulus (whole plant), Solanum angulatum (whole plant), yellow fruit nightshade (whole plant), Chinese pistachio (fruit), Phyllanthus amarus (whole plant), grape (dried fruit), lepidanthea (whole plant), Indian elecampane (root), cinnamon (bark), chebulic myrobolan (pericarp), Indian tinospora (stem), spiked ginger lily (rhizome), cyperus (tuber), boerhaavia (whole plant), cardamom (fruit), velvet root, waterlily (flower), Malabar nut tree (aerial part), ashwagandha (root), Indian cassia (leaf), mesua (flower), air potato (tuber), holy basil (aerial part), bamboo (bamboo), Pentstemon capensis (aerial part).	
Proprietary herbal blend	144 mg*
caper bush (root), chicory (seed), ashwagandha (root), black nightshade (whole plant), arjuna (bark), shatavari (root), gotu kola (whole plant), Malabar nut tree (leaf), coffee senna (seed), yarrow (aerial part), tamarisk (whole plant), licorice (seed), chebulic myrobolan (fruit), curcuma (root), tea pod (root), nutmeg (seed), long pepper (fruit), mace (rind), eclipta (whole plant), saffron (style & stigma), clove (flower bud), cardamom (fruit), ajowan (seed), turmeric (rhizome), celastus (fruit).	
*Daily Value not established	

Other Ingredients: Tapioca starch, Plant based cellulose (Capsule).

Himalaya
 SINCE 1930

HELLO PEACE



STRESS RELIEF

INCLUDES
 ASHWAGANDHA
 TURMERIC &
 SAFFRON

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GOODBYE ANXIETY.

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 should feel like a Friday!

Formulated to reduce your
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 stomach, and keep you cool as a
 cucumber; these time-honored
 herbs help you go back
 to "Zen Mode".*

SAY 'HELLO PEACE'

Because even if the world is super
 stressful, you can be calm.

GLUTEN FREE | VEGAN FRIENDLY | cGMP



WHEAT CORN SOY DAIRY

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