

• wheat, corn, soy, or dairy.
 NO ingredients of animal origin.
 • Gluten Free • Vegan Friendly
 • cGMP

Distributed by:
 The Himalaya Drug Company
 1101 Gillingham Lane
 Sugar Land, Texas 77478

Product of India
 Manufactured by:
 The Himalaya Drug Company
 Makali, Bengaluru 562 162 (INDIA)
 Mfg. Lic. No. AUS-83

Questions? Please call
 1-800-869-4640 or visit
 www.himalayausa.com

Because we believe
 you deserve to be happy!

Clinically studied to boost your
 mood, support motivation and
 put that pep back in your step;
 these time-honored herbs help
 you cheer up when you need
 it most.*

Lot No.:
 Exp. Date:

Unvarnished area
 24x7mm

*THESE STATEMENTS HAVE NOT BEEN EVALUATED
 BY THE FOOD AND DRUG ADMINISTRATION. THIS
 PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
 CURE, OR PREVENT ANY DISEASE.

HELLO JOY GOODBYE BLUES™

Because we believe
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Clinically studied to boost your
 mood, support motivation
 and put that pep back in
 your step; these time-honored
 herbs help you cheer up
 when you need it most.*

SAY 'HELLO JOY'

Because even if you have reasons
 to be sad, help is in your hands.

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on
 Ayurveda, a 5,000 year old science that
 believes the journey back to wholeness
 begins with nurturing the capacity for joy.

Trusting the gifts of nature and the
 irreplaceable relationship between the
 plant and its native soil for consistent
 healing properties.

Contributing to the wellness of the earth
 by teaching our family of farmers to grow
 native plants sustainably on their land
 and reduce the demand on the local
 environment.

Building communities by advocating
 women in farming, protecting fair prices,
 providing maternal health, sponsoring
 clinical services and offering school
 wellness programs.

Believing that if wellness is the path to
 happiness, we must contribute to the
 wellness of all things. Wellness of people,
 wellness of the environment, wellness of
 our communities.

FAMILY OWNED SINCE 1930



Herbal Supplement
 60 VEGETARIAN CAPSULES

Recommended Use:
 Adults take 1 capsule twice a day after food.

1 MONTH SUPPLY

Supplement Facts

Serving Size: 1 Capsule
 Servings Per Container: 60

Amount Per Serving 300 mg*

Proprietary herbal blend

amla extract (fruit), ashwagandha extract
 (root), Convolvulus pluricaulis choisy
 extract (whole plant), bacopa extract (whole
 plant), holy basil extract (aerial parts).

*Daily Value not established

Other Ingredients: Tapioca starch, Plant-based
 cellulose (Capsule).

Caution: As with any supplement, consult a healthcare practitioner
 before use if you are pregnant, nursing, taking medication, have a
 medical condition or are planning any medical procedure.
 Discontinue use and consult a healthcare practitioner if any
 adverse reactions occur. Keep out of reach of children.



HELLO
 JOY™

MOOD SUPPORT™
 WITH ASHWAGANDHA



INCLUDES
 AMLA &
 BACOPA

1 MONTH SUPPLY

Herbal Supplement

60 VEGETARIAN CAPSULES



6 05069 06534 4



Our cartons are
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 recycled fibers,
 including 40%
 post-consumer
 material. Our
 glass bottles
 contain at least
 48% recycled
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