

We believe that Amazing Nutrition™ is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Tryptophan is an essential amino acid that the body requires to synthesize protein and specialized molecules. It is critical for the production of serotonin and melatonin, hormones that support a positive mood, relaxation, healthy sleep patterns and more. "L-tryptophan also help support immune functions, as it is the body's precursor to lymphocytes that regulate immunity." If needed, L-tryptophan converts to niacin in the body, which supports circulation, healthy nervous system, metabolism of food, and production of hydrochloric acid for the digestive system.*

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

AMAZING  NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

L-Tryptophan

Manufactured for and Distributed by:
Amazing Nutrition
Hoboken NJ 07030
1-800-526-0177
www.amazingnutrition.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.



1000 MG
60 TABLETS



Supplement Facts

Serving Size: 1 Tablet	Serving Per Container: 60	
	Amount Per Serving	% Daily Value
L-tryptophan (Free-Form)	1,000 mg	100%
**Daily Value not established.		

OTHER INGREDIENTS: Gelatin and Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take 1-2 tablets 1 to 3 times daily on an empty stomach or as directed by a health care professional. Best used at bedtime.

CAUTION: Pregnant/lactating women, those taking anti-depressant medications (such as SSRIs or MAOIs), or those with liver disorders, consult a health care professional before using this product. May cause drowsiness.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Egg, No Corn. Sodium Free.