## Third Party Tested

Every batch is certified to ensure you get all the good

#### Guaranteed for Life

We're confident you'll love us but if you don't... call or email us for a full refund.

Nested Naturals 1% for Health and Happines

Your purchase helps make the world a healthier and happier place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# MCTO POWDER

**ENERGY\* • BRAIN\* • HEALTHY GUT\*** 









Serving size Amount Per Serving Calories Total Fat 4g Saturated Fat 4g Trans Fat Og Cholesterol Og Sodium 25mg Total Carbohydrates 4q Dietary Fiber 4g Total Sugars Og Added Sugar Og Protein Og Vitamin D 0% Calcium 6% The & Daily Value tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general INSREDIENTS: MEDIUM CHAIN TRIGLYCERIDES OIL 60% ACACIA GUM CONCENTRATE (GOMCT") 40% MCT (C8, C10) (FROM COCONUT OIL) DISTRIBUTED BY: NESTED NATURALS INC. 301-525 SEYMOUR STREET, NANCOUVER, BC V6B3H7 | 1-866-992-3677 | support@nestednaturals.com

**Nutrition Facts** 

50 servings per container

Made with love using sustainably sourced coconut oil & acacia gum. 1 Scoop This ketogenic blend is food-based and naturally sourced to give you smooth, clean brain food.

- ✓ Fatty acids (C8, C10) promote the effective metabolism of fats to ketones.
- A creamy powder that's easy on the taste buds when you add it to smoothies, coffee and more.
- ✓ No maltodextrin! We blend our MCT Oil with gum acacia, a prebiotic that's good for the gut and tummy friendly.
- ✓ Good on the go! No oil, no mess, just easy to scoop powder.

4<sub>G</sub> Fiber

% Daily Value

16%

Potassium 0%

Iron 0%

Store at room temperature, in a tightly closed container, away from heat and

nosture. Refrigerate after opening.

**4**<sub>G</sub> Fat

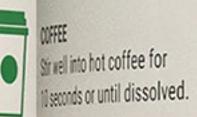
 $\mathbf{0}_{\mathsf{G}}$ Sugars

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast,

barley, or added sugar.

## Ready to Use





Add to your favorite smoothie for long lasting energy.



Air into 80z or more of your favorite balerage - even water!



arino your favorite recipes for healthy fat and extra fiber.



Add to your morning oatmeal or tagal and stay full for longer.

1-866-992-3677

WWW. WESTEDNATURALS.COM

## **MCT Smoothie**

- + 1 scoop MCT Oil Powder
- + 1 scoop Super Greens
- + 1 cup Fruit
- + 1/2 cup Veggies
- + 1 tbsp Nuts or Seeds
- + 1 cup Almond Milk

Feel free to add ice as desired, then blend and enjoy!

#### **Enjoy an Easy Cleanup**

MCT Oil Powder won't stick to the side of the blender like other fats.

### Inspire others!

Share a photo of your creation on Instagram & tag @nestednaturals for a chance to be featured! #GetNested







goMCT\*\*
by patent

X001FZ0STD 801

NET WT 15.9 oz (454g)