

Our Mission: You
To better your health and wellness with clean ingredients backed by evidence-based science.

Third Party Tested
Every batch is certified to ensure you get all the good stuff.

Guaranteed for Life
We're confident you'll love us, but if you don't... call or email us for a full refund.

Nested Naturals 1% for Health and Happiness

Your purchase helps make the world a healthier and happier place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nested
NATURALS

MCT OIL POWDER

ENERGY* • BRAIN* • HEALTHY GUT*



NET WT 15.9 oz (454g)

50 SERVINGS

Nutrition Facts

50 servings per container	
Serving size	1 Scoop
Amount Per Serving	
Calories	35
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 25mg	1%
Total Carbohydrates 4g	1%
Dietary Fiber 4g	16%
Total Sugars 0g	
Added Sugar 0g	
Protein 0g	
Vitamin D 0%	Potassium 0%
Calcium 6%	Iron 0%

*The % Daily Value tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MEDIUM CHAIN TRIGLYCERIDES OIL 60% ACACIA GUM CONCENTRATE (GOMCT™) 40% MCT (C8, C10) (FROM COCONUT OIL)

DISTRIBUTED BY: NESTED NATURALS INC. 301-525 SEYMOUR STREET, VANCOUVER, BC V6B3H7 | 1-866-992-3677 | support@nestednaturals.com

Store at room temperature, in a tightly closed container, away from heat and moisture. Refrigerate after opening.

Made with love using sustainably sourced coconut oil & acacia gum. This ketogenic blend is food-based and naturally sourced to give you smooth, clean brain food.

- ✓ Fatty acids (C8, C10) promote the effective metabolism of fats to ketones.
- ✓ A creamy powder that's easy on the taste buds when you add it to smoothies, coffee and more.
- ✓ No maltodextrin! We blend our MCT Oil with gum acacia, a prebiotic that's good for the gut and tummy friendly.
- ✓ Good on the go! No oil, no mess, just easy to scoop powder.

4g
Fiber

4g
Fat

0g
Sugars

Allergies? We have you covered.
This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

Ready to Use



COFFEE
Stir well into hot coffee for 10 seconds or until dissolved.



SMOOTHIES
Add to your favorite smoothie for long lasting energy.



SHAKES
Stir into 8oz or more of your favorite beverage - even water!



BAKING
Mix into your favorite recipes for healthy fat and extra fiber.



BREAKFAST
Add to your morning oatmeal or cereal and stay full for longer.

WWW.NESTEDNATURALS.COM

1-866-992-3677

MCT Smoothie

- + 1 scoop MCT Oil Powder
- + 1 scoop Super Greens
- + 1 cup Fruit
- + 1/2 cup Veggies
- + 1 tbsp Nuts or Seeds
- + 1 cup Almond Milk

Feel free to add ice as desired, then blend and enjoy!

Enjoy an Easy Cleanup
MCT Oil Powder won't stick to the side of the blender like other fats.

Inspire others!
Share a photo of your creation on Instagram & tag @nestednaturals for a chance to be featured! #GetNested



goMCT™ is a registered trademark and protected by patents under exclusive global distribution by Compound Solutions, Inc.



X001FZ0STD RD