

Nested Naturals Herbal Calm is made with love as an adaptogenic formula with select ingredients that work together to balance your nervous system and promote vitality in times of stress.*

- ✓ Ashwagandha is a calming adaptogen admired in traditional Ayurvedic medicine.*
- ✓ Holy Basil may help promote clarity of thought and normal cognition in healthy individuals.*
- ✓ Linden Flower may help maintain a healthy immune system during occasional stress.*
- ✓ Long term stress typically causes digestive issues, and catnip may nourish the nervous system and support digestion.*

Suggested Use: Take 2 vegan capsules daily with water.

Warning: Use only as directed. Consult your physician before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. For adult use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1-866-992-3677
WWW.NESTEDNATURALS.COM



HERBAL CALM

Gentle Herbs to Relax the Mind
During Periods of Stress*



Dietary Supplement 60 Vegan Capsules

Supplement Facts

Serving Size: 2 Vegan Capsules

Servings Per Container: 30

Amount per serving	% Daily Value	
Organic Ashwagandha (<i>Withania somnifera</i> , Root)	300mg	†
Holy Basil 2.5% Ursolic Acid (<i>Ocimum sanctum</i> , Leaf)	200mg	†
Linden flower (<i>Tilia europea</i> , Flower-stem)	100mg	†
Catnip (<i>Nepeta cataria</i> , Leaf)	100mg	†

† Daily Value not established

OTHER INGREDIENTS: RICE FLOUR, VEGETABLE CELLULOSE (CAPSULE)

DISTRIBUTED BY: NESTED NATURALS INC.
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Store in a cool, dry place.
Avoid excessive heat.
Do not use if safety seal is broken.

Allergies? We have you covered.

Does not contain wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, peanuts, tree nuts, yeast, barley, or added sugar.

