

Suggested Use

Mix 1 heaping tablespoon with 8oz of water and drink immediately, up to 3 times daily. **New Users:** Start with 1 heaping tablespoon daily and gradually increase to 3 tablespoons daily. **If Minor Bloating Occurs:** reduce intake by half and increase gradually. **For Weight Management:** Take one serving, one hour before every meal. This may help you feel less hungry.*

Good For Your Heart

Soluble fiber from foods such as Psyllium Husk, as a part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Colon Cleanse supplies 4g of the 7g of soluble fiber from Psyllium Husk necessary per day to have this effect.

Need Something Stronger?

Try adding our Herbal Detox+™ or Super Colon Cleanse® ... and feel the difference.*

56

SERVINGS

Fill controlled by weight not volume.

In case of disposal, place in trash and avoid disposal in any plumbing system.

A SIMPLE PROMISE

It all starts with integrity. We never create anything that we wouldn't use ourselves or give to our own children.


**NEW
LOOK**
SAME GREAT
FORMULA

ORGANIC
**COLON
CLEANSE®**

Natural Daily Fiber*
Promotes Heart Health*
Supports Regularity*

Net Wt. 12 oz (340 g)

Dietary Supplement


 Manufactured by:
HealthPlus

 www.healthplusinc.com
China, CA 91710 U.S.A.

 (800) 822-6225
CERTIFIED ORGANIC BY CCOF
**Supplement Facts**
 Serving Size: 1 Heaping Tablespoon (6g)
Servings Per Container: 56

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5g	2%*
Dietary Fiber	5g	20%*
Soluble Fiber	4g	†
Iron	0.7g	4%
Organic Psyllium Husk	6g	†

*Percent Daily Values are based on a 2000 calorie diet.
†Daily Value not established.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For California Residents Only: ⚠️ **WARNING:** This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

NOTICE: This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.