

CODE 332122
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:
Mega Men® Sport

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Brown Caplets	
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytanadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Branched Chain Amino Acid Blend L-Valine, L-Leucine, L-Isoleucine	150 mg *
Creatine Precursor Blend Guaridinoacetic Acid, Glycine, L-Methionine	100 mg *
Sports Blend Green Tea Leaves Extract (Camellia sinensis), L-Glutamine, L-Taurine, Beta-Alanine (as CarnoSyn®), L-Carnitine	50 mg *
Joint Cushion Support Blend MSM (Methyl Sulfonyl Methane), Collagen, Hyaluronic Acid (HA)	50 mg *

Amount Per Serving	% Daily Value
alpha-Lipoic Acid	25 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *
* Daily Value not established.	

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.
CONTAINS: Fish and Soybeans.
Conforms to USP <2091> for weight.

Amplified Maxertion N.O.™

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size Two Silver Caplets	
Niacin	10 mg 50%
PEG-Arginine System (L-Arginine and Polyethylene Glycol)	1.65 g *
Circulatory Pump Blend (MegaNatural®-BP™ Proprietary Grape Blend, Yohimbe Bark Extract)	175 mg *
* Daily Value not established.	

Other Ingredients: Cellulose, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid), Titanium Dioxide (Natural Mineral Whitener), Caramel Color.
Potency of Arginine verified by GNC procedure #5115.
Conforms to USP <2091> for weight.

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Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One Red Capsule	
Niacin	20 mg 100%
Proprietary Thermogenic Blend Caffeine Anhydrous, Capsimax™ Capsicum Fruit Extract, Black Pepper Extract	243.34 mg *
* Daily Value not established.	

Other Ingredients: Cellulose, Gelatin, Titanium Dioxide (Natural Mineral Whitener), Artificial Colors (FD&C Blue #1, FD&C Red #40).
Total caffeine per capsule 200 mg.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, under the age of 18, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



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GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

Amplified Creatine 189™

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One White Caplet	
PEG-Creatine System™ (Creatine Hydrochloride)	625 mg *
* Daily Value not established.	

Other Ingredients: Cellulose, Dicalcium Phosphate, Polyethylene Glycol, Titanium Dioxide (Natural Mineral Whitener), Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid), Natural Mint Flavor, Sucralose.
Conforms to USP <2091> for weight.



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For More Information:
1-888-462-2548

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GNC

MEGA
MEN®

Extreme Athlete

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied^, high potency, no iron sports multivitamin to fuel athletic performance*
- Triggers muscle energy with clinically proven creatine*
- Amplifies nitric oxide production for more intense workouts*
- Burns 12 times more calories to support a shredded physique*



30 PACKS



PHYSICIAN
ENDORSED



GNC Mega Men® Extreme Athlete Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert, and member of the GNC Medical Advisory Board.

"Serious athletes demand a nutritional program with the power to meet their extreme training needs. Mega Men® Extreme Athlete Vitapak® is specially formulated for active men who want intense workouts with maximized results. This extreme program features GNC's premium Mega Men® Sport multivitamin, along with clinically proven ingredients to enhance metabolism, fuel muscles, and amplify athletic performance. I strongly recommend this product for men who are looking to take their workouts to the next level of intensity." — Frank J. Costa, M.D.

Why Should I Use Mega Men® Extreme Athlete Vitapak® Program?

Mega Men® Extreme Athlete Vitapak® Program is specially formulated for athletes who seriously train. The components in this program help increase your endurance and provide the necessary firepower you need to boost your workouts.*

How Can Mega Men® Extreme Athlete Vitapak® Program Benefit Me?

Mega Men® Extreme Athlete Vitapak® Program combines important nutrients that support your overall nutritional needs with focused ingredients designed to intensify your exercise regimen and enhance your athletic performance in one convenient daily pack.

How Does Mega Men® Extreme Athlete Vitapak® Program Work?

Each serving of Mega Men® Extreme Athlete Vitapak® Program includes the following components to help you achieve your daily nutritional goals:

- Mega Men® Sport** – This clinically studied,* powerful no iron multivitamin supports overall health and wellness. It includes a potent complex of B-vitamins which are essential for metabolism support and energy production.*
- X-12™** – Contains a clinically proven, proprietary thermogenic blend shown to help you burn 12 times more calories.* Also helps increase your metabolism before, during and after exercise, helping burn up to 278 more calories cumulatively.** Just one capsule of X-12™ contains ingredients to support improved endurance and performance.*
- Amplified Creatine 189™** – This enhanced, cutting-edge form of creatine is designed to get in your muscles better than ordinary creatine.† Creatine supplementation may help improve athletic performance.*
- Amplified Maxertion N.O.™** – Features clinically studied ingredients designed to enhance blood flow and amplify intense workouts.* It's technologically enhanced for better absorption of muscle fuel to help you go above and beyond your regular workouts.*

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo. *In a double blind, randomized, placebo controlled cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took GNC X-12™ 60 minutes before exercise and on the second occasion, they took a placebo. When the subjects took GNC X-12™, they burned three times more calories before, 3% more calories during and 12 times more calories for up to one hour after exercise compared to when they took the placebo. **This resulted in an average cumulative total of 278 more calories burned before, during and after exercise compared to placebo. † In a clinical study of 17 healthy young adults, muscle biopsy results revealed that GNC Pro Performance® AMP Amplified Creatine 189™ resulted in 189% greater muscle creatine uptake relative to benchmark amounts of ordinary creatine monohydrate powder.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.