

Our Mission: You

To better your health & wellness with clean ingredients backed by evidence-based science.

Guaranteed for Life

We're confident you'll love us, but if you don't... call or email us for a full refund.

Radically Transparent

You deserve to know everything that goes into your body. We include every single ingredient on the label.

Third Party Tested

Every batch is tested to ensure you get all the good stuff.

Nested Naturals 1% for Health and Happiness

Your purchase helps make the world a healthier and happier place.

We like to think of Choline as the smarty pants nutrient. Studies suggest that Choline may help to improve memory and mental clarity in healthy individuals.*

- ✓ Maintain a healthy brain and nervous system by supporting cell metabolism.*
- ✓ Choline, along with rest and a healthy diet, may help to support strength training and fitness goals in healthy individuals.*
- ✓ Choline plays a supportive role in healthy cell-to-cell communication.*

Suggested Use: Take 2 vegan capsules daily with water.

Warning: Use only as directed. Consult your healthcare professional before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. Keep out of reach of children. Food supplements are not a substitute for a varied diet.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Nested[®]
NATURALS

CHOLINE

L(+) CHOLINE BITARTRATE | 500 MG

BRAIN* • STRENGTH* • METABOLISM*



Dietary Supplement 90 Vegan Capsules

Supplement Facts

Serving Size: 2 Vegan Capsules
Servings Per Container: 45

Amount per serving	%Daily Value [‡]
Choline (as L+choline bitartrate) 500mg	91%

‡ Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS:

VEGETABLE CELLULOSE (CAPSULE)

DISTRIBUTED BY:

NESTED NATURALS INC.
301-525 SEYMOUR STREET,
VANCOUVER, BC V6B 3H7
Email: support@nestednaturals.com
Phone: 1-866-992-3677

Store in a cool, dry place. Avoid excessive heat. Do not use if safety seal is broken.

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

1-866-992-3677
WWW.NESTEDNATURALS.COM

