

Amount per 4 tablets	%DV**
Vanadium (as vanadyl sulfate)	50 mcg

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: cellulose, modified cellulose gum, modified cellulose, magnesium stearate, titanium dioxide color, soy lecithin, carnauba wax, and soybean oil.

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Recommendations: Four tablets daily. Can be taken as one or two tablets with each meal.

If taking prescription drugs, have gallstones or bile duct obstruction, consult your healthcare practitioner prior to use. Not intended for use by pregnant or nursing women.

ETI is an FDA-registered Drug Establishment.

Contains no sugar, yeast, wheat, gluten, corn, dairy products, artificial flavoring, or preservatives. All colors used are from natural sources.



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DIETARY SUPPLEMENT

Doctor's Choice™ Male Teens

Iron-Free Multivitamin

- Strong nutritional foundation
- Great for active teen lifestyles!



MEN'S HEALTH

120 TABLETS

Supplement Facts

Serving Size 4 tablets Servings per container 30

Amount per 4 tablets	%DV**
Calories	15
Total Carbohydrate	2 g <1%**
Dietary fiber	1 g 4%**
Vitamin A (86% as beta carotene and as retinyl acetate)	17,500 IU 350%
Vitamin C (ascorbic acid)	300 mg 500%
Vitamin D (as cholecalciferol)	100 IU 25%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU 667%
Vitamin K (as phytonadione)	60 mcg 75%
Thiamin (as thiamin HCl) (vitamin B1)	30 mg 2,000%
Riboflavin (vitamin B2)	30 mg 1,765%
Niacin (as niacin and niacinamide)	45 mg 225%
Vitamin B6 (as pyridoxine HCl)	30 mg 1,500%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	800 mcg 13,333%
Biotin	300 mcg 100%
Pantothenic Acid (as calcium D-pantothenate)	30 mg 300%
Calcium (as calcium carbonate and calcium citrate)	400 mg 40%

Amount per 4 tablets	%DV**
Iodine (as potassium iodide)	300 mcg 200%
Magnesium (as magnesium aspartate)	200 mg 50%
Zinc (as zinc picolinate)	30 mg 200%
Selenium (as L-selenomethionine)	100 mcg 143%
Copper (as copper gluconate)	1.5 mg 75%
Manganese (as manganese citrate)	2 mg 100%
Chromium (as chromium polynicotinate)	200 mcg 167%
Molybdenum (as sodium molybdate)	25 mcg 33%
Sodium	20 mg <1%
Potassium (as potassium aspartate)	100 mg 3%
Mixed Bioflavonoids 50% (from citrus fruits)	100 mg
Alfalfa (Medicago sativa) Aerial Part Extract 10:1	60 mg
Dandelion (Taraxacum officinale) Root Extract 4:1	60 mg
Ginger (Zingiber officinale) Rhizome Extract	60 mg
Sarsaparilla (Smilax officinalis) Root Extract 4:1	60 mg
Choline Bitartrate	30 mg
Inositol	30 mg
Boron (as sodium borate)	2 mg