

Our Mission: You

To better your health & wellness with clean ingredients backed by evidence-based science.

Guaranteed for Life

We're confident you'll love us, but if you don't... call or email us for a full refund.

Radically Transparent

You deserve to know everything that goes into your body. We include every single ingredient on the label.

Third Party Tested

Every batch is tested to ensure you get all the good stuff.

Nested Naturals 1% for Health and Happiness

Your purchase helps make the world a healthier and happier place.

Balance the levels of serotonin in your brain to promote a positive mood, relaxation, healthy sleep habits and normal eating patterns.*

- ✓ Balanced serotonin levels may help to promote positive moods and offer support during occasional times of stress.*
- ✓ Healthy serotonin levels may ease you into a calm, relaxed state, helping you drift off to sleep.*

Suggested Use: Take 1 vegan capsule daily with water as needed.

Warning: Use only as directed. Consult your healthcare professional before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. For adult use only.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nested
NATURALS

5-HTP
100 MG

POSITIVITY* • BALANCE* • RELAXATION*



Dietary Supplement 120 Vegan Capsules

Supplement Facts

Serving Size: 1 Vegan Capsule

Servings Per Container: 120

Amount per serving	% Daily Value
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5-HTP (5-Hydroxytryptophan) (Griffonia simplicifolia, Seed) 100mg	†
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† Daily Value not established

OTHER INGREDIENTS:

RICE FLOUR, PLANT CELLULOSE (CAPSULE)

DISTRIBUTED BY:

NESTED NATURALS INC.

301-525 SEYMOUR STREET, VANCOUVER,
BC V6B 3H7 | 1-866-992-3677

support@nestednaturals.com

Store in a cool, dry place. Avoid excessive heat. Do not use if safety seal is broken.

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

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WWW.NESTEDNATURALS.COM

