

GET SUPERIOR MASS GAINS

Bulk up! Specially formulated for performance athletes looking to increase their dietary protein, carbohydrate and overall calorie intake, 100% Mass Gainer is a premium weight gainer for increased size and strength. Are you a hardgainer? Whether you've struggled with adding size or you want to break through your plateaus, we've got your back. Our 100% Mass Gainer is packed with high-quality protein and mass-producing calories, plus muscle-fueling creatine, a proven anabolic driver for faster mass and strength gains. This superior formula with proven musclebuilding ingredients will help you get bigger and stronger — faster than you ever imagined.*

FROM AMERICA'S
#1
SELLING
SUPPLEMENT COMPANY

MUSCLETECH™

100% MASS GAINER™

HIGH-PROTEIN MASS GAINER*



CHOCOLATE FUDGE BROWNIE

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 5.15 LBS. (2.33KG)

ENHANCE MUSCLE
STRENGTH &
PERFORMANCE*

QUICKER MUSCLE
RECOVERY*

60g
PROTEIN†

1,500
CALORIES‡

305g
CARBS‡

5g
CREATINE

*When mixed with
2 cups of skim milk

Supplement Facts

Serving Size: 6 Scoops (359g)
Servings Per Container: Approx. 7

Amount Per Serving	Mixed with 16 oz. of Cold Water	% DV	Mixed with 16 oz. of Skim Milk	% DV
Calories	1,330		1,500	
Total Fat	4.5g	6%*	5g	6%*
Saturated Fat	2.5g	13%*	3g	15%*
Cholesterol	120mg	40%	130mg	43%
Total Carbohydrate	280g	102%*	305g	111%*
Dietary Fiber	2g	7%*	2g	7%*
Total Sugars	15g	†	39g	†
Includes Added Sugars	10g	20%*	10g	20%*
Protein	44g	88%*	60g	120%*
Calcium	650mg	50%	1,250mg	96%
Iron	2.1mg	12%	2.3mg	13%
Sodium	540mg	23%	750mg	33%
Potassium	460mg	10%	1,220mg	26%
L-glutamine and glutamine precursor (as whey protein, L-glutamine)	7.5g	†	11.2g	†
Creatine monohydrate	5g	†	5g	†
L-leucine (as whey protein, L-leucine)	4.6g	†	6.2g	†
L-valine (as whey protein, L-valine)	2.5g	†	3.6g	†
L-isoleucine (as whey protein, L-isoleucine)	2.4g	†	3.3g	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Complex Carb Blend (Maltodextrin, ModCarb® [Oat Bran, Quinoa, Buckwheat, Millet], Isomaltulose), Protein Blend (Whey Protein Concentrate, Calcium Caseinate, Whey Protein Isolate 97%, Whey Protein Isolate, Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavors, Cocoa Extender (Cocoa Powder, Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide, Natural Flavor), Cocoa (Processed with Alkali), Calcium Carbonate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Soy or Sunflower Lecithin, Salt, Enzyme (Amylase, Papain), Acesulfame-Potassium, Sorbitase, Medium Chain Triglycerides. Contains milk, soy and coconut ingredients. Processed in a facility that also processes egg, wheat, peanut, tree nut, fish and shellfish ingredients.

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For lot no. and expiry date: see bottle.

DIRECTIONS: Mix 1 serving (6 scoops) with 2 cups (16 oz.) of cold water or skim milk. For best results, mix in a blender.

For accelerated weight gain results: Drink 1 serving every day between meals. On days when you're working out, drink your serving immediately after your workout.

For maximum weight gain results: Drink 2 servings every day. On workout days, drink 1 serving between meals and the other immediately after your workout. On non-workout days, drink 1 serving right when you wake up in the morning and the other serving between meals. Mix each serving with 16 oz. of skim milk. Maintain an adequate state of hydration during use.

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight. Some settling may occur. Shake container before use.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a medical doctor before use if you have a medical condition and before starting a diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with.

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MADE IN THE
USA
FROM DOMESTIC
INTERNATIONAL INGREDIENTS

*Based on AC Nielsen xAOC combined total sales for MuscleTech® & Six Star® powder & pill supplements.



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