



Probiotic 4 Strain DF

30 Billion CFU Probiotic

dietary supplement

gluten free • dairy free • soy free • nut free

30 Acid-Resistant Vegetarian Capsules

DIRECTIONS: Take one capsule with water daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner.

Probiotic 4 Strain DF is a vegetarian, dairy- and gluten-free, four-strain probiotic totaling 30 billion CFU[†] per capsule. Each vegetarian capsule is sealed in nitrogen-purged aluminum blister packs to serve as protection from factors proven to compromise stability of probiotics such as heat, moisture, and oxygen. Probiotic 4 Strain DF provides four researched strains of beneficial bacteria, including the extensively studied HN019[®] strain of *Bifidobacterium lactis*. These live microorganisms have proven health benefits and well-established safety, and have been tested for epithelial cell adhesion and/or resistance to low pH.*

To further support resistance to low pH and the delivery of microorganisms to the small intestines, NHC employs DRcaps[™] gastro-resistant capsules. These specially designed, innovative capsules help slow exposure of actives to stomach acid and ensure more targeted release.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: No refrigeration necessary. Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving %Daily Value		
Proprietary Blend	174 mg (15 Billion CFU [†])	**
<i>Lactobacillus acidophilus</i> La-14 [®]		
<i>Bifidobacterium longum</i> BI-05 [™]		
<i>Lactobacillus plantarum</i> Lp-115 [®]		
HOWARU [®] Bifido	50 mg (15 Billion CFU [†])	**
<i>(Bifidobacterium lactis</i> HN019 [®])		

** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, HPMC (acid-resistant capsule), stearic acid, magnesium stearate, and silica.

† Colony-Forming Unit

HOWARU[®]

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Manufactured in a GMP compliant facility.

Distributed By: NHC
310 N Westhill Blvd.
Appleton, WI 54914



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