

**SUGGESTED USE:** Take 4 capsules with a full glass of water twice daily for a total of 8 capsules per day. May be taken with or without meals.

**Plant Based Support for Cleansing & Colon Health†**

**Colon Support** is a complete two-week program designed to naturally flush the body with all the essential digestive support ingredients.† Apple and citrus pectin provide plant sources of fiber, while Cascara sagrada, magnesium, Marshmallow root and Slippery Elm bark act as natural laxatives for occasional constipation.† Fructooligosaccharides (FOS) support the cleansing process and supply the fuel used by beneficial colonic bacteria.† This single product eliminates the need to take multiple combinations of formulas.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

This product should be used for no more than 15 days at a time  
Store in a cool, dry place.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is [are] known to the State of California to cause cancer, birth defects or other reproductive harm.  
For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food)

**Notice:** This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medications or have a medical condition.

**We Guarantee Our Supplements for Potency and Purity**  
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Plant-Based Formula

# Colon Support

A 2-Week Program to Support  
Digestive Health†

dietary supplement

gluten free • dairy free • soy free • nut free

120 Vegan Capsules



## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 30

| Amount Per Serving               | % Daily Value |       |
|----------------------------------|---------------|-------|
| Total Calories                   | 15            |       |
| Total Carbohydrate               | 1 g           | <1%** |
| Total Sugar                      | <1 g          |       |
| <1 g Added Sugar                 |               | 2%**  |
| Magnesium (from magnesium oxide) | 50 mg         | 12%   |
| Apple Fiber Powder               | 1.925 g       |       |
| Fructooligosaccharides (FOS)     | 150 mg        |       |
| Marshmallow Root Powder          | 150 mg        |       |
| Slippery Elm Bark Powder         | 150 mg        |       |
| Cascara sagrada Bark Powder      | 75 mg         |       |
| Citrus Pectin                    | 25 mg         |       |

\* Daily Value not established.

\*\* Percent Daily Values are based on 2,000 calorie diet.

**Other ingredients:** Vegetarian capsule, silica, magnesium stearate (vegetable source).

Manufactured for: Natural Healthy Concepts  
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KEEP OUT OF REACH OF CHILDREN.

VVL 720-120E PW