

With five kids, I never know what my day is going to bring, but SoySentials® helps keep me balanced. Mood swings don't get the best of me with my daily "happy" shake! – Mindy M.

- Complete women's nutritional formula with 10 grams of plant-based protein with LunaRich®, Reliv's epigenetic superfood
- Unique herbal complex balances mood swings and eases symptoms of PMS and menopause*
- Excellent source of calcium and resveratrol to promote bone health and lean muscle*
- Antioxidants CoQ10 and grape seed extract support immunity and protect against damaging free radicals*

directions

Mix one scoop of SoySentials with 8 ounces of water, juice or milk.

Our Targeted Solutions are designed to work with any of our daily Core Nutrition shakes to help you thrive. This product is approved for use with the Fit3™ program.

caution: If you are pregnant, nursing or planning on becoming pregnant, please consult your physician before beginning use of SoySentials.

For more information or to order, call 800 RELIV US (735.4887).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses fish (anchovy, sardine) which may result in the presence of the allergen in this product.



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soy sentials®



women's wellness

women's dietary supplement
supports hormone balance*
natural & artificial vanilla ice cream flavor

NET WT. 11.64 OZ

Supplement Facts

Serving Size: 1 Scoop (22 g)

Servings Per Container 15

	Amount per Serving	% Daily Value
Calories	70	
Total Carbohydrate	8 g	3%†
Dietary Fiber	2 g	7%
Total Sugars	5 g	**
Includes 4g Added Sugars		8%
Protein	10 g	
Vitamin C	68 mg	76%
Vitamin E	70 mg	467%
Vitamin B6	1.4 mg	82%
Folate	766 mcg DFE (451 mcg folic acid)	192%
Calcium	627 mg	48%
Sodium	75 mg	3%

Soy Isoflavones	20 mg	**
Protective Proprietary Blend	2.5 g	**
Inulin, Cranberry (fruit), Lactobacillus Acidophilus, Beet (root), Horse Chestnut (seed), Fenugreek (seed), Grape Seed Extract, Ipriflavone, Chaste Tree (fruit), Black Cohosh Extract (root), Wild Yam Extract (root), Dong Quai Extract (root), Asian Ginseng Extract (root), Japanese Knotweed (root), Hops Extract (flower), Dandelion Extract (root), Red Clover Extract (flower), Nettle Extract (root), Stevia Extract (leaf), Green Tea Extract (leaf), Licorice Extract (root) Coenzyme Q10 and Alpha-Lipoic Acid.		

†Percent of Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Other Ingredients: Non-GMO Soy Blend with LunaRich® Soy Powder, Fructose, Calcium Carbonate, Natural and Artificial Flavors (milk), Non-GMO Soy Lecithin, Alpha Tocopherol Acetate, Ascorbic Acid, LunaRich X™ Proprietary Non-GMO Soy Blend, Reblana (stevia leaf extract), Pyridoxine HCL and Folic Acid. **CONTAINS: SOY AND MILK**



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Manufactured for and distributed by Reliv International, Inc., Chesterfield, MO 63005. 1-800-735-4887