

I need high-quality protein to recover from my high-intensity workouts and ProVantage® gives me that edge! I use it after a workout for muscle repair or in my breakfast smoothie to fuel my day. –Alec M.

- 13 grams of high-quality, plant-based protein with LunaRich® for muscle repair and faster recovery*
- Proprietary blend of amino acids, plus creatine to enhance strength and improve exercise performance*
- MCT's (medium chain triglycerides) and CLA to support metabolic efficiency, lean muscle mass and optimal body composition*
- CoQ10 and grape seed extract promote energy production and combat free radicals*

directions

Mix one scoop of ProVantage with 8 ounces of water, juice or milk. Great for post exercise or any time of day.

Our Targeted Solutions are designed to work with any of our daily Core Nutrition shakes to help you thrive. This product is approved for use with the Fit3™ program.

For more information or to order, call 800 RELIV US (735.4887).

* These statements have not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.

ProVantage® has been issued U.S. Patent #8,168,241. This product is licensed under U.S. Patents No. 6,136,339, No. US 6,136,339 C1, and No. 6,620,425.



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provantage®



performance

dietary supplement
plant-based protein
with MCTs, Creatine & CoQ10
natural & artificial creamy vanilla flavor

NET WT. 13.75 OZ

Supplement Facts

Serving Size: 1 Scoop (26 g)
Servings Per Container 15

	Amount per Serving	% Daily Value
Calories	100	
Total Fat	1.5 g	2%†
Total Carbohydrate	8 g	3%†
Total Sugars	5 g	**
Includes 5g Added Sugars		10%
Protein	13g	
Sodium	85 mg	4%

ProVantage Proprietary Amino Acid Blend	694 mg	**
L-Leucine		**
L-Glutamine		**
L-Arginine Base		**
L-Lysine HCl		**
L-Alanine		**
Glycine		**
L-Ornithine Alpha Ketoglutarate		**
ProVantage Performance Proprietary Blend	1.22 g	**
Creatine Monohydrate		**
Medium Chain Triglycerides		**
Phosphatidylserine (soy)		**
Phosphatidylcholine		**
L-Carnitine		**
Grape (seed) Extract		**
Conjugated Linoleic Acid (Tonalin® CLA)		**
Coenzyme Q 10		**
Black Pepper (fruit) Extract (Bioperine®)		**
Alpha-Lipoic Acid		**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Bioperine® is a trademark of the Sabinsa Corporation.
Tonalin CLA® is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

BIOPERINE®

Other Ingredients: Non-GMO Soy Blend with Lunafit® Soy Powder, Fructose, Natural and Artificial Flavors, Non-GMO Soy Lecithin, Reblana (Stevia leaf extract) and Lunafit X™ Proprietary Non-GMO Soy Blend. **CONTAINS: SOY**
Manufactured for and distributed by Reliv International, Inc., Chesterfield, MO 63005. 1-800-735-4887



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