

After a long day of yard work or a tough workout at the gym,
Innergize is my go-to for energy and hydration! – Chris E.

hydrate & replenish

Innergize!® lemon lime ice is a refreshing, lower sugar electrolyte-replacement drink that can help you stay hydrated and help you recover from work, play or any other adventures you take on.*

- Precise blend of vitamins and minerals promotes hydration, energy and performance*
- Balanced electrolytes to replenish cellular hydration*
- Amino acids to release energy and preserve lean muscle*
- Antioxidants protect cells from exercise-induced oxidative stress*

directions

Add 1 scoop of Innergize! per 8 oz. water and mix until dissolved.

Our Targeted Solutions are designed to work with any of our daily Core Nutrition shakes to help you thrive.

Visit reliv.com/core-nutrition.

This product is approved for use with the Fit3™ program.

For more information or to order, call 800 RELIV US (735.4887).

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses soy, fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.



glutenfree



dairyfree



soyfree

K



energy

innergize!®

60% less sugar than original Innergize!

natural lemon lime ice flavor

electrolyte drink mix

NET WT. 22.22 OZ (1LB. 6.22 OZ)

Nutrition Facts

90 Servings Per Container

Serving Size

1 Scoop (7g)

Amount per serving

Calories

20

% Daily Value

Total Fat 0g 0%

Sodium 50mg 2%

Total Carbohydrate 6g 2%

Total Sugars 5g

Includes 5g Added Sugars 10%

Protein 0g

Calcium 110mg 8%

Potassium 70mg 2%

Vitamin C 70mg 80%

Magnesium 50mg 10%

Zinc 4 mg 35%

Chromium 50 mcg 140%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D and iron.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Sugar content has been lowered from 14 grams to 5 grams.

Other Ingredients: Fructose, Natural Flavor, Tricalcium Phosphate, Citric Acid, Potassium Citrate, Malic Acid, Sodium Chloride, Rebiana (stevia leaf extract), Magnesium Oxide, Ascorbic Acid, L-Glutamine, OptiZinc® brand of Zinc Monomethionine, Sunflower Oil, Luo Han Guo (fruit) (Sikaitia Grosvenorii), L-Carnitine and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

ChromeMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth LLC.

CHROMEMATE®

OptiZinc®

Manufactured for and distributed by Reliv International, Inc., Chesterfield, MO 63005.
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