

Reliv Classic® has been my go-to nutrition for more than 20 years. I feel half my age because of the energy and strong immune system I get from the optimal levels of so many vitamins and minerals. – Dawn V.

- Higher levels of key vitamins and minerals for greater health benefits*
- 7 grams of heart-healthy, plant-based protein – no added sugars
- Exclusive blend of antioxidants, herbs and enzymes promote optimal wellness*
- Nutrients work together synergistically to amplify benefits*

directions

Mix one scoop of Classic with 4-6 ounces of water, juice or milk. Two scoops provide a daily serving. Classic can also be used in your favorite shake or smoothie recipe. For personalized nutrition, use in combination with Reliv's Targeted Solutions.

For more information or to order, call 800 RELIV US (735.4887).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.

ChromEMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth N.J.

CHROMEMATE® OptiZinc®



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classic®



core nutrition

dietary supplement
plant-based protein
with essential vitamins & minerals

NET WT. 18.9 OZ (1 LB. 2.9 OZ)

Supplement Facts

Serving Size: 2 Scoops (17.9 g)
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	50	
Total Fat	1.5 g	2%†
Total Carbohydrate	3 g	1%†
Dietary Fiber	1 g	4%
Protein	7 g	
Vitamin A	1570 mcg	174%
Vitamin C	479 mg	532%
Vitamin D	10 mcg	50%
Vitamin E	40 mg	267%
Thiamin	3 mg	250%
Riboflavin	4 mg	308%
Niacin	20 mg	125%
Vitamin B6	4 mg	235%
Folate	665 mcg DFE (339 mcg folic acid)	166%
Vitamin B12	18 mcg	750%
Biotin	299 mcg	997%
Pantothenic Acid	20 mg	400%
Calcium	830 mg	64%
Iron	18 mg	100%
Phosphorus	540 mg	43%
Iodine	150 mcg	100%
Magnesium	200 mg	48%
Zinc	16 mg	145%
Selenium	50 mcg	91%
Copper	2 mg	222%
Chromium	50 mcg	143%
Sodium	55 mg	2%
Potassium	100 mg	2%

Classic Proprietary Blend	142 mg	**
L-Methionine		**
Cayenne (fruit)		**
Garlic (bulb)		**
Rose Hips (fruit)		**
Papain (from Papaya (fruit))		**
Bromelain (from Pineapple (stem))		**
Chinese Rhubarb (root) Extract		**
Licorice (root) Extract		**
Kelp (whole) Extract		**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Other Ingredients: Non-GMO Soy Protein Isolate, Non-GMO Soy Flour, Magnesium Phosphate, Dicalcium Phosphate, Calcium Carbonate, Brewer's Yeast, Ascorbic Acid, Corn Fiber, Natural Flavor, Non-GMO Soy Lecithin, Potassium Chloride, Alpha Tocopheryl Acetate, OptiZinc® Brand of Zinc Monomethionine, Beta Carotene, Ferrous Fumarate, Biotin, Calcium Pantothenate, Vitamin A Palmitate, Niacinamide, Copper Gluconate, Pyridoxine HCL, Riboflavin, Vitamin D3, Thiamin HCL, Vitamin B12, Potassium Iodide, Sodium Selenite, Folic Acid and ChromEMate® Brand of Niacin Bound Chromium Polymnecinate. **CONTAINS: SOY**

Manufactured for and distributed by Reliv International, Inc.,
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