

With
Methylcobalamin
& Methylfolate!



Vegetarian • Hypo-Allergenic • 180 Tablets

ULTRA Source of Life®



Whole Life
Energy Enhancer

Multi-Vitamin Supplement
With Whole Foods, Herbs,
Enzymes & Much More!

No Iron

Natures Plus®

*Nutritional Support for Natural Energy Production,
Healthy Eye Function and Overall Well-Being.**

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.
DIRECTIONS: As a dietary supplement, three tablets once daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Tablets		
Amount Per Serving		% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Protein	1 g	2%**
Vitamin A (as beta carotene)	3000 mcg RAE (10,000 IU)	333%
Vitamin C (as ascorbic acid)	1000 mg	1111%
Vitamin D3 (as cholecalciferol from lichen)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg (200 IU)	893%
Vitamin K (as phytylquinone)	80 mcg	67%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	2083%
Riboflavin (vitamin B2)	25 mg	1923%
Niacin (as niacinamide)	40 mg NE	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1471%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE	167%
Vitamin B12 (as methylcobalamin)	200 mcg	8333%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	60 mg	1200%
Choline (as bitartrate)	30 mg	5%
Calcium (as aminoate complex)	200 mg	15%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	100 mg	24%
Zinc (as monomethionine)***	15 mg	136%
Selenium (as selenomethionine, aminoate complex)	25 mcg	45%
Copper (as aminoate complex)	0.5 mg	56%
Manganese (as aminoate complex)	4 mg	174%
Chromium (as polynicotinate)****	20 mcg	57%
Potassium (as aminoate complex)	50 mg	1%

Whole Food PhytoAlgae
Proprietary complex of spirulina (*Spirulina platensis*),
fucaceae (*Ascophyllum nodosum*), laminaria brown
algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulce
(*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*),
bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*),
wakame (*Ulva lactuca*), nori (*Porphyra yezoensis*), kombu
(*Laminaria setchellii*), chlorella (*Chlorella vulgaris*) (broken cell),
Icelandic kelp
Essential Fatty Acid-Rich Whole Food Energy Blend: 220 mg
black currant, sunflower seed, octadecanoic acid
Bioflavonoid Complex (from *Citrus limon/sinensis* whole fruit) 60 mg
(standardized to 48% [28.8 mg] flavanones and 2% [1.2 mg]
flavanols, flavones and related phenolic compounds)

Other ingredients: Di-calcium phosphate, microcrystalline cellulose, vegetable cellulose, calcium carbonate, magnesium oxide, stearic acid, potassium chloride, magnesium stearate, silica, manganese sulfate, potassium iodide, astragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of Nature's Plus
9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com

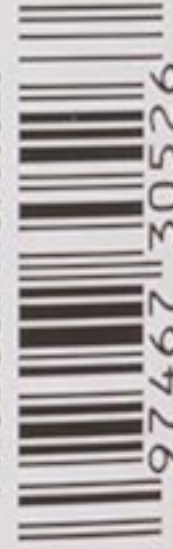
Source of Life® is a registered trademark of Natural Organics, Inc. in the US and/or other countries.

OptiZinc® CHROMEMATE®

FloraGLO® 3D Made with VitaShine™

***OptiZinc® and ***Chromemate® are registered trademarks of International N.A. Thione Complex™ is a trademark of Thione International, Inc. VitaShine® is a registered trademark of Kanto Industries, Inc.

PRODUCT NO. 30526



0 97467 30526 7

LBL: 1136721