

TAMPER EVIDENT SEAL UNDER CAP. DO NOT USE IF BROKEN.

**SUGGESTED USE**

Mix 1 heaping tablespoon with 8oz of water and drink immediately, up to 3 times daily. New Users: Start with 1 heaping tablespoon daily and gradually increase to 3 tablespoons daily. If Minor Bloating Occurs: reduce intake by half and increase gradually. For Weight Management: Take one serving, one hour before every meal. This may help you feel less hungry.\*

**GOOD FOR YOUR HEART**

Soluble fiber from foods such as Psyllium Husk, as a part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Colon Cleanse supplies 4g of the 7g of soluble fiber from Psyllium Husk necessary per day to have this effect.

**NEED SOMETHING STRONGER?**

Try adding our Herbal Detox+™ or Super Colon Cleanse® ... and feel the difference.\*

**194**  
SERVINGS

Fill controlled by weight not volume.  
In case of disposal, place in trash and avoid disposal in any plumbing system.

**A SIMPLE PROMISE**

It all starts with integrity. We never create anything that we wouldn't use ourselves or give to our own children.



 HealthPlus®

**NEW LOOK**  
SAME GREAT FORMULA

**ORIGINAL**  
**COLON CLEANSE®**

Natural Whole  
Psyllium Husk  
Gentle Daily Fiber\*  
**Net Wt. 48 oz (1.36kg)**  
Dietary Supplement



**Supplement Facts**

Serving Size: 1 Heaping Tablespoon (7g)  
Servings Per Container: 194

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6g	2%**
Dietary Fiber	5g	22%**
Soluble Fiber	4g	†
Iron	0.8g	4%
Psyllium Husk	7g	†

\*\*Percent Daily Values are based on a 2000 calorie diet.  
†Daily Value not established.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For California Residents Only: ⚠️ **WARNING:** This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**NOTICE:** This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:  
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