HERBAL CLEAN

Premium Detox™

with exclusive jumpstart

dietary supplement

see bottom of box for details

$15 REBATE

With Purchase of Premium Detox 7 Day Cleansing Program

FREE Lifestyle Management Plan Included

The Most Complete 7 Day Cleansing Program

- Promotes Healthy Liver Function*
- Kidney Healthy Formula*
- Natural Laxative*
- Total Cleanser*
- Healthy Intestinal Function*
- Promotes Healthy Digestion*

Contains: AM Solution – 40 capsules • PM Solution – 40 capsules • Jumpstart – 4 capsules • Lifestyle Management Plan Booklet

Instructions for The Most Complete 7 Day Cleansing Program

AM Regimen

- Take 4 capsules of Morning Solution on an empty stomach with a minimum of 16 oz of water
- 1/2 hour later eat a balanced breakfast (see Management Plan for suggestions)
- Exercise for 15 minutes

Snack

- Eat a small nutritious snack (see Management Plan for suggestions)
- Drink a minimum of 16 oz of water

Lunch

- Eat a well balanced lunch (see Management Plan for suggestions)
- Drink a minimum of 16 oz of water

Snack

- Eat a small nutritious snack (see Management Plan for suggestions)
- Drink a minimum of 16 oz of water

PM Regimen

- Take 4 capsules of Evening Solution on an empty stomach with a minimum of 16 oz of water
- 1/2 hour later eat a well balanced dinner (see Management Plan for suggestions)
- Exercise for 15 minutes

Jumpstart (Optional)

- On the day before you begin your cleanse, take all 4 capsules with 24 oz of water
- For your comfort, wait 15 minutes and drink an additional 12-24 oz of water
- Do not eat any large meals prior to or while taking this product
- As part of the toxin elimination process, be sure to urinate frequently
- Avoid unwanted toxins

Rebuilding & Balancing the Body for Optimum Results

Morning Solution

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 10

	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B2)	5 mg	294%
Vitamin B12 (cyanocobalamin)	50 mcg	833%
Proprietary Blend:	2347 mg	†

Burdock Root, Turmeric Root, Gentian Root, Dandelion Leaf Extract, Schizandra Berry, Juniper Berry, Cascara Sagrada Bark**, Fiberall-2® (Maltodextrin), Licorice Root, Red Root Extract, Milk Thistle Seed Extract, Cayenne Pepper, Green Tea Leaf Extract, Guarana Seed Extract, Echinacea Purpurea Herb Extract.

† Daily Value not established.

Other Ingredients: Gelatin, Calcium Carbonate, Magnesium Stearate, Silicon Dioxide, Cellulose, Titanium Dioxide.

Evening Solution

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 10

	Amount Per Serving	% Daily Value
Proprietary Blend:	2197 mg	†

Burdock Root, Turmeric Root, Gentian Root, Schizandra Berry, Juniper Berry, Dandelion Leaf Extract, Licorice Root, Peppermint Leaf, Red Root Extract, Milk Thistle Seed Extract, Echinacea Purpurea Herb Extract.

† Daily Value not established.

Other Ingredients: Gelatin, Magnesium Stearate, Cellulose, Silica, Calcium Carbonate, Titanium Dioxide.

Jumpstart

Supplement Facts

Serving Size 4 Capsules

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Riboflavin (Vitamin B2)	300 mg	17647%
Proprietary Blend:	2515 mg	†

Dandelion Root, Creatine Monohydrate, Juniper Berry, Cayenne Pepper, Uva Ursi Leaf, Turmeric Root, Milk Thistle Seed, Licorice Root, Lobelia Herb, Alfalfa Leaf, Slippery Elm Bark, Reishi Mushroom, Apple Pectin, Cornsilk.

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin, Magnesium Stearate, Sorbitol.

Manufactured by a GMP Compliant Facility for: Herbal Clean • P.O. Box 1450 Tempe, AZ 85280

WARNING: Do not use this product if you are pregnant, breast-feeding, have kidney or gallbladder disorder or disease. This product is not recommended for prolonged use. This product is made with botanical herbs. When using this product you may experience nausea, dizziness, diarrhea or cramping. If you start to experience any of these symptoms, discontinue use of product until dizziness, if symptoms persist seek medical assistance. As with all herbal supplements, this product is not recommended for children without the supervision of a parent or guardian.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov/food

**NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, bowel attacks, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician. If you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Cleanse, Rejuvenate . . . Enjoy Life!

Herbal Clean Premium Detox™ Complete 7 Day Cleansing Program is a gentle 7 day whole body cleansing program designed to noticeably enhance your wellness through detoxification, natural herbs and supplements, appropriate nutrition and moderate exercise. This complete cleansing restoration program contains valuable information and step-by-step guidance on cleansing your system from the inside out. Herbal Clean Premium Detox™ will take you through a daily regimen that will help you purify your system. Here's to good, clean living!*

The Most Complete 7 Day Cleansing Program Contains:

Morning Solution
An effective blend of fiber, cleansing herbs and energy boosting ingredients to get each day started right during your whole body cleanse.*

Evening Solution
A powerful combination of cleansing herbs that will help rid your body of toxins ingested through air, water and food each day.*

Jump Start
An effective herbal blend designed to aggressively and safely remove toxins to prime your body for this cleansing program.*

Healthy Lifestyle Management Plan
This valuable booklet contains key lifestyle information for you during your whole body cleanse and includes useful diet and exercise tips to keep you staying healthy both mentally and physically.*