

We believe that Amazing Nutrition™ is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Biotin is a vitamin of the B complex, found in small amounts in numerous foods like egg yolk, liver, yeast etc. Biotin nourish the body from the inside-out which may help improve hair and skin health, thicken nail cuticles prevent breakage and maintain proper function of the nervous system.\* Biotin supports digestive health, it works as a co-enzyme to help break down food, particularly carbohydrates.\* It is also involved in the synthesis of fatty acids and glucose.\*

KEEP OUT OF REACH OF CHILDREN  
STORE IN A COOL, DRY PLACE  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

AMAZING **AN** NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

# Biotin

Manufactured for Distributed by:  
Amazing Nutrition  
Hoboken NJ 07030  
1-800-526-0177  
www.amazingnutrition.com

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.



5,000 MCG  
200 CAPSULES



- ✓ Supports Healthy Hair, Skin and Nails \*
- ✓ Promotes Cell Rejuvenation \*
- ✓ Supports Healthy Metabolism & Digestive Health \*

## Supplement Facts

	Serving Size: 1 Capsule	Serving Per Container: 200
	Amount Per Serving	% Daily Value**
Biotin	5,000 mcg	3333%

\*\*Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Gelatin, Magnesium Stearate, Silica.

Suggested Use: As a dietary supplement, adults take one (1) capsule one time daily with a meal or as directed by a physician.

Caution: Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements.

Contains No Added: Flavors or Sweetener, Preservatives, Sugar, Starch, Sodium, Milk, Soy, Wheat, Yeast or Fish.

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